

A Matter of Balance

Organization	Address	City	State	Postal Code	Country	Phone	Website
S. Alabama Regional Planning Commission	110 Bearegard St	Mobile	AL	36602	USA	(251) 433-6541	
SARPC/AAA		Mobile	AL		USA	251-476-2515	
Lee-Russell Council of Governments		Opelika	AL		USA	334-749-5264	
Alabama Head Injury Foundation		Prattville	AL		USA	334-224-5179	
Area Agency on Aging of Northwest Arkansas	1510 Rock Springs Rd	Harrison	AR	72602	USA	870-741-1144	<a href="http://www.aaanwar.org/">http://www.aaanwar.org/</a>
Oaklawn Center on Aging		Hot Springs	AR		USA	870-879-1440	
Oaklawn Senior Health Care Center	210 Woodbine St	Hot Springs	AR	71901	USA	(501) 623-0020	
Arkansas Children's Hospital	1520 Riverfront Dr #100	Little Rock	AR	72202	USA	(501) 364-3400	
Carelink	P. O. Box 5988	North Little Rock	AR	72119	USA	501-688-1423	<a href="https://www.carelink.org/">https://www.carelink.org/</a>
South Central Center on Aging	4747 Dutty Lake Dr #101	Pine Bluff	AR	71603	USA	(870) 879-1440	<a href="http://www.onlok.org/30th-street-senior-center">http://www.onlok.org/30th-street-senior-center</a>
SEAGO Area Agency on Aging	Collins Rd	Bisbee	AZ	85603	USA	(520) 432-5301	
South Eastern Arizona AAA		Bowie	AZ	85605	USA	(520) 509-4252	
Dignity Health, Chandler Regional Medical Center		Chandler	AZ		USA	480-728-3636	
No Arizona Council of Government AAA		Flagstaff	AZ		USA	928-775-9993	
A.T. Still University, Gilbert		Gilbert	AZ		USA	480-291-6061	
Mercy Housing, Gilbert		Gilbert	AZ		USA	480-544-2314	
Gila River Indian Community, Laveen		Laveen	AZ		USA	520-550-8000	
Ak-Chin Indian Community	42507 W Peters and Nail Rd	Maricopa	AZ	85138	USA	(520) 568-1082	<a href="http://www.gilariver.org">www.gilariver.org</a>
A.T Still University, Audiology		Mesa	AZ		USA	480-245-6261	
A.T Still University, Dept OT		Mesa	AZ		USA	480-245-6270	
A.T Still University, Dept PT		Mesa	AZ		USA	480-219-6024	
A.T. Still University, Mesa		Mesa	AZ		USA	480-219-6039	
Mesa Fire and Medical Department		Mesa	AZ		USA	480-644-4928	
Colorado River Indian Tribes		Parker	AZ		USA	928696093	
Hualapai Tribe		Peach Springs	AZ		USA	928-789-2207, ext 205	
Area Agency on Aging, Region One	1366 E. Thomas Road, Suite 108	Phoenix	AZ	85014	USA	602-241-5562	<a href="http://www.aasphx.org/">http://www.aasphx.org/</a>
Arizona Health Care Association	1440 E Missouri Ave #102	Phoenix	AZ	85014	USA	(602) 265-5331	
Blue Cross Blue Shield of Arizona Advantage		Phoenix	AZ		USA	480-684-7418	
City of Phoenix Devonshire Sr Ctr	2802 E Devonshire Ave	Phoenix	AZ	85016	USA	(602) 256-3130	
City of Phoenix Human Services Department	200 W Washington St	Phoenix	AZ	85003	USA	(602) 261-8219	
Inter Tribal Council of Arizona Inc	2214 N Central Ave #100	Phoenix	AZ	85004	USA	602-258-8822	<a href="http://ftcaonline.com/PasquaYaguil-nsn.gov">http://ftcaonline.com/PasquaYaguil-nsn.gov</a>
Mercy Housing, Phoenix		Phoenix	AZ		USA	623-9017-1254	
South Mountain Community Center		Phoenix	AZ		USA	602-495-5562	
Area Agency on Aging NACOG		Prescott Valley	AZ		USA	928-775-9993 x4272	
Gila River Indian Community Sacaton	315 West Casa Blanca	Sacaton	AZ	85247	USA	(520) 562-9841	<a href="http://www.gilariver.org">www.gilariver.org</a>
Gila River Wellness Center		Sacaton	AZ		USA	520-562-2025	
bingStar		Scottsdale	AZ		USA	480-302-5139	
City of Scottsdale Senior Center	1700 N Granite Reef Rd	Scottsdale	AZ	85257	USA	(480) 312-1700	
Salt River Pima-Maricopa Indian Community	10510 E Osborn Rd	Scottsdale	AZ	85256	USA	480-362-7542	<a href="http://www.srpmic-nsn.gov/">http://www.srpmic-nsn.gov/</a>
Scottsdale Healthcare	3621 N Wells Fargo Ave	Scottsdale	AZ	85251	USA	480-882-6734	
NACOG AAA		Show Low	AZ		USA	928-537-6570	
Interfaith Comm Care Sun City	15800 N Del Webb Blvd	Sun City	AZ	85351	USA	(623) 977-8274	
North County Fire & Medical District as of 9/16/15 Sun City West Fire District		Sun City West	AZ		USA	623-215-1058	
Sun Health	14719 W Grand Avenue	Surprise	AZ	85374	USA	623-832-9301	<a href="http://www.sunhealth.org/">http://www.sunhealth.org/</a>
City of Tucson Parks and Recreation		Tucson	AZ		USA	520-791-5787	
El Rio Community Health Center		Tucson	AZ		USA		
Pima Council on Aging	8467 E Broadway Blvd	Tucson	AZ	85710	USA	520 790-0504	<a href="https://www.pcoa.org/">https://www.pcoa.org/</a>
Southern Arizona VA Health Care System		Tucson	AZ	85723	USA	520-649-4971	<a href="http://www.tucson.va.gov/">http://www.tucson.va.gov/</a>
Seniors Council of Santa Cruz & San Benito Counties	234 Santa Cruz Ave	Aptos	CA	95003	USA	(831)688-9217	
Esaton Lodge Brentwood	450 John Muir Pkwy	Brentwood	CA	94513	USA	(925) 516-8006	
San Fernando Valley Interfaith Council Inc	4505 Las Virgenes Rd #211	Calabasas	CA	91302	USA	818-880-4842	<a href="http://www.vic-la.org/">http://www.vic-la.org/</a>
Camarillo HealthCare District	3639 Las Posas Rd #117	Camarillo	CA	93010	USA		<a href="http://www.camhealth.com">www.camhealth.com</a>
Dignity Health Mercy San Juan Medical Center		Carmichael	CA		USA	916-864-5684	
North County Recreation and Park District	P.O. Box 652	Castroville	CA	95012	USA	831-634-0884	
Live Well at Home	8525 Madison Ave #150	Fair Oaks	CA	95628	USA	(916) 334-1072	
Life ElderCare	3300 Capitol Ave	Fremont	CA	94538	USA	(510) 574-2090	<a href="http://lifeeldercare.org">lifeeldercare.org</a>
Spectrum Community Services	2621 Barrington Court	Hayward	CA	94545	USA	510-209-8835 ext #270	
Tudy Trgovac		Irvine	CA		USA	714-328-5992	
SD Community Center	4588 Conrad Dr	La Mesa	CA	91941	USA	(619) 303-7849	
Heart of Ida		Long Beach	CA		USA	562-786-7646	
Tibar Rubin VA Medical Center	5901 E. 7th St.	Long Beach	CA	90822	USA	562-826-8000 ext 6586	
Jewish Family Service of LA	6505 Wilshire Blvd #500	Los Angeles	CA	90048	USA	(323) 761-8800	
Mexican American Opportunity Fund	1200 N State St	Los Angeles	CA	90033	USA	(213) 481-5959	
Seniors Helping Seniors		Los Angeles	CA		USA	310-878-2045	
St. Barnabas Senior Services - Mid City	675 S. Carondelet St.	Los Angeles	CA	90067	USA	(213) 388-4444	<a href="http://www.sbsssa.org/">http://www.sbsssa.org/</a>
Monterey Co. DSS	2620 First Avenue	Marina	CA	93933	USA	8316824226	
Merced County AAA (HSA)	851 W. 23rd St.	Merced	CA	95340	USA	209-385-7550, ext. 4554	
Merced County Area Agency on Aging	851 West 23rd Street	Merced	CA	95340	USA	(209)385-7550 xt. 4554	<a href="http://www.co.merced.ca.us/index.aspx?nid=1475">http://www.co.merced.ca.us/index.aspx?nid=1475</a>
Merced County Human Services Agency	2115 W Wardrobe Ave	Merced	CA	95340	USA	209-354-2525	
Healthy Aging Association	121 Downey Ave #102	Modesto	CA	95354	USA	(209) 523-2800	
Misell Senior Center		Palo Alto	CA		USA	310-712-0553	
Stanford Health Care - Aging & Adult Services	300 Pasteur Dr., HC034	Palo Alto	CA	94305	USA	650-736-7185	<a href="https://stanfordhealthcare.org/medical-clinics/aging-adult-services.html">https://stanfordhealthcare.org/medical-clinics/aging-adult-services.html</a>
City of Sacramento	2921 Truvel Rd	Sacramento	CA	95833	USA	(916) 808-1590	
Mercy Housing	8200 Bruceville Road	Sacramento	CA	95823	USA	415-355-7120	
Mercy Housing Sacramento		Sacramento	CA		USA	916-681-9717	
University of California, Davis Medical Center		Sacramento	CA		USA	916-734-9794	
Monterey County Area Agency on Aging	1000 S. Main St., Suite 301	Salinas	CA	93901	USA	8317963530	
Natividad Medical Center		Salinas	CA		USA	831-772-7357	
Salinas	250 Main St., Suite B	Salinas, CA	CA	93901	USA	831 757 6030	
County of San Diego, Aging and Independence Services	5560 Overland Avenue, Suite 310	San Diego	CA	92123	USA	(858) 495-5500	<a href="http://www.sandiegocounty.gov/content/dc/hhsa/programs/ais/health_promotions.html/">http://www.sandiegocounty.gov/content/dc/hhsa/programs/ais/health_promotions.html/</a>
Silver Age Yoga		San Diego	CA		USA	619-833-9733	
Partners in Care Foundation	732 Mott St #150	San Fernando	CA	91340	USA	818-837-3775 x117	<a href="https://www.picf.org/">https://www.picf.org/</a>
PICF City ltd	732 Mott Street	San Fernando	CA	91340	USA	(818) 837-3775 ext. 114	<a href="https://www.picf.org/">https://www.picf.org/</a>
Mercy Housing California	1360 Mission St	San Francisco	CA	94103	USA	415-355-7120	
Mercy Housing California-Madonna Residence		San Francisco	CA		USA	415-361-5115	
Tenderloin Neighborhood Development Corp.		San Francisco	CA		USA	415-358-3979	
Eastside Neighborhood Center		San Jose	CA		USA	408-251-0217	
POSS		San Jose	CA		USA	408-293-0877	
S Bay Vestibular Support Grp Inc	1720 Coralee Dr	San Jose	CA	95124	USA	(408) 256-2459	
Silicon Valley Healthy Aging Partnership, San Jose	1724 Hallmark Lane	San Jose	CA	95124	USA	(408) 482-4961	<a href="http://www.svhap.org">www.svhap.org</a>
Alameda County EMS		San Leandro	CA		USA	510-618-2045	
Disaster Preparedness Program Alameda County Emergency Medical Services Agency	1000 San Leandro Blvd.	San Leandro	CA	94577	USA	(510) 481-4197	
San Luis Obispo County Public Health District		San Luis Obispo	CA		USA	805-781-0929	
Mills Peninsula Health Services		San Mateo	CA		USA	650-696-4463	
Stanford Hospital and Clinics San Mateo		San Mateo	CA		USA	650-349-8807	
Orange County Office on Aging	1300 S. Grand Ave	Santa Ana	CA	92705	USA		
Santa Barbara Cottage Hospital, Trauma Services		Santa Barbara	CA		USA	805-722-0480	
Santa Rosa Junior College	1501 Mendocino Ave	Santa Rosa	CA	95401	USA	(707) 527-4811	
Sonoma County Area Agency on Aging	3725 Westwind Blvd #101	Santa Rosa	CA	95403	USA	707-565-5956	
Sonoma County Human Services Dept.		Santa Rosa	CA	95403	USA	(707) 565-5931	<a href="http://sonomacounty.ca.gov/Human-Services/">http://sonomacounty.ca.gov/Human-Services/</a>
Stanford Hospital and Clinics Stanford		Stanford	CA		USA	650-724-9369	
San Joaquin County Department of Aging	P.O. Box 201056	Stockton	CA	95201	USA	209 468-1422	
Silicon Valley Healthy Aging Partnership, Sunnyvale	550 E. Remington Dr.	Sunnyvale	CA	94087	USA	(408) 730-7556	<a href="http://www.svhap.org/">http://www.svhap.org/</a>
Area Agency on Aging - Napa/Solano County	P.O. Box 3069	Vallejo	CA	94590	USA	707-643-1797	<a href="http://www.diabetes.org/in-my-community/awareness-programs/african-american-programs/?referrer=https://www.google.com/">http://www.diabetes.org/in-my-community/awareness-programs/african-american-programs/?referrer=https://www.google.com/</a>
Comfort Keepers	327 College St #208	Woodland	CA	95699	USA	(530) 666-4300	
Colorado State University Extension, Golden Plains Area		Akron	CO		USA	970-345-2287	
Rapid Medical, LLC		Alamosa	CO		USA	719-589-8421	
Boulder County Area Agency on Aging	P. O. Box 471	Boulder	CO	80306	USA	303-441-3599	<a href="http://www.bouldercounty.org/family/seniors/pages/agerhome.aspx">http://www.bouldercounty.org/family/seniors/pages/agerhome.aspx</a>
Touch of Care, Delta		Delta	CO		USA	970-874-6115	
Center for African American Health	3601 Martin Luther King Jr Blvd.	Denver	CO	80205	USA	303-355-3423	<a href="http://www.caahhealth.org/">http://www.caahhealth.org/</a>
Denver Regional Council of Governments	1290 Broadway St #700	Denver	CO	80203	USA	(303) 480-6736	
DRCOG AAA		Denver	CO		USA	303-480-6787	
Mercy Housing	1309 Grant St	Denver	CO	80203	USA	303-832-0478	

A Matter of Balance

Organization	Address	City	State	Postal Code	Country	Phone	Website
Poudre Valley Health System	1024 S Lemay Ave	Fort Collins	CO	80524	USA	970-495-7335	<a href="https://www.uchealth.org/Pages/Home.aspx">https://www.uchealth.org/Pages/Home.aspx</a>
PVHS-Aspen Club		Fort Collins	CO		USA	970-495-8560	
CSU Extension Morgan County		Fort Morgan	CO	80701	USA	(970) 542-3544	
Mesa County Health Department		Grand Junction	CO	81504	USA	(970) 248-6941	
Tri-County Health Department	6162 S Willow Dr	Greenwood Village	CO	80111	USA	(303) 846-6250/720-200-1572	
Tri-County Health Department	6162 S. Willow Drive, Suite 100	Greenwood Village	CO	80111	USA	720-200-1572	
COAW	3222 South Vance St	Lakewood	CO	80227	USA	3039841845	<a href="http://coaw.org/home.aspx">http://coaw.org/home.aspx</a>
Consortium for Older Adult Wellness	2575 S Wadsworth Blvd	Lakewood	CO	80227	USA	303-984-1845	
McKee Medical Center	2000 N Boise Ave	Lowland	CO	80530	USA	(970) 635-4089	
Region 10 League for Economic Assistance & Planning	300 N Cascade Ave #1	Montrose	CO	81401	USA	(970) 249-2436	<a href="http://www.region10.net">www.region10.net</a>
Touch of Care, Montrose	1100 E. Main Street	Montrose	CO	81401	USA	(970) 249-8080	
San Juan Basin Area Agency on Aging (Region 9)	P.O. Box 5456	Pagosa Springs	CO	81147	USA	(970) 264-0501	<a href="http://www.sibaa.org">www.sibaa.org</a>
Parkview Hospital		Pueblo	CO		USA	719-584-4889	
Senior Resource Development Agency	230 N. Union	Pueblo	CO	81003	USA	719-545-8900	
Senior Resource Development Agency, Inc	230 N Union Ave	Pueblo	CO	81003	USA	(719) 543-0100	
Garfield County Department of Human Services	195 14th St	Rifle	CO	81650	USA	(970) 945-9191	
CSU Extension Logan County	508 S 10th Ave #1	Sterling	CO	80751	USA		
Huerfano/Las Animas Area Council of Governments	300 S Bonaventure Ave	Trinidad	CO	81082	USA		
Region 14 AAA/SCOG		Trinidad	CO		USA	719-859-0139	
encorelife	741 W 7th St	Wray	CO	80758	USA	(970) 332-4071	
Farmington Valley Health District		Canton	CT		USA	860-352-2323	
Fairfield University, Fairfield		Fairfield	CT		USA	203-254-4150	
Town of Fairfield Health Department		Fairfield	CT		USA	203-256-3150	
Groton Senior Center		Groton	CT		USA	860-441-6636	
CT Children's Medical Center		Hartford	CT		USA	860-545-3066	
Saint Francis Hospital and Medical Center		Hartford	CT		USA	860-910-8839	
Central CT Health District		Newington	CT		USA	860-664-8571	
Hartford Healthcare	1 John H Stewart Drive	Newington	CT	06111	USA	860-667-4453	
Fairfield University, Orange		Orange	CT		USA	203-530-5151	
Pomperaug District Department of Health		Southbury	CT		USA	203-264-9616 x 7	
Torrington Area Health District		Torrington	CT		USA	860-489-0436	
Senior Services-Town of Waterford		Waterford	CT		USA	860-444-5839	
Eastern Blind Rehabilitation Center at Veterans Affairs Healthcare System	950 Campbell Avenue	West Haven	CT	06516	USA	203-932-5711 ext 7774	
Riverbrook Regional YMCA	404 Danbury Road	Wilton	CT	06897	USA	(203) 762-8384	<a href="http://www.wiltonymca.org/">http://www.wiltonymca.org/</a>
RSPV Sussex		Georgetown	DE		USA	302-856-5815	
New Castle County DE RSPV		New Castle	DE		USA	302-255-9690	
Boca Raton Regional Hospital		Boca Raton	FL		USA	561-985-3471	
City of Clearwater-Office on Aging	1501 N. Belcher Road, Suite 225	Clearwater	FL	33765	USA	727-793-2339 x244	<a href="http://www.clearwater-fl.com/gov/depts/parksrec/aging/">http://www.clearwater-fl.com/gov/depts/parksrec/aging/</a>
Area Agency on Aging for Southwest Florida	15201 N Cleveland Ave #1100	Fort Myers	FL	33903	USA	239-652-6900 Ext. 238	<a href="http://aaaswfl.org/">http://aaaswfl.org/</a>
Elder Options	100 SW 75th St #301	Gainesville	FL	32607	USA	(352) 692-5267	<a href="http://www.agingresources.org/">http://www.agingresources.org/</a>
Citrus Health Network		Hialeah	FL		USA	305-424-3100	
Claude Pepper Senior Center	12417 Clock Tower Pkwy	Hudson	FL	34667	USA	(727) 514-4770	
Community Aging & Retirement Services, Inc. (CARES)	12417 Clock Tower Parkway	Hudson	FL	34667	USA	727-829-2091 x2019	<a href="http://caresfl.org/">http://caresfl.org/</a>
ElderSource- FL	10688 Old St Augustine Rd	Jacksonville	FL	32257	USA	(904) 391-5611	<a href="https://www.myeldersource.org/">https://www.myeldersource.org/</a>
Florida Blue Cross Blue Shield		Jacksonville	FL		USA	941-286-6075	
Northeast Florida AHEC	1107 Myra St #250	Jacksonville	FL	32204	USA	904-482-0189 Ext. 11	<a href="http://www.northfloridahec.org/">http://www.northfloridahec.org/</a>
The Colvin Health Group		Jacksonville	FL		USA		
Florida Presbyterian Homes		Lakeland	FL		USA	863-577-6022 863-899-8784	
Alliance for Aging	760 NW 107 Ave	Miami	FL	33172	USA	(305) 670-6500	<a href="http://www.allianceforaging.org">www.allianceforaging.org</a>
CAC Medical Center		Miami	FL		USA	786-510-1768	
Cuban American National Council		Miami	FL		USA	305-642-3484	
FIU		Miami	FL		USA	305-297-8766	
Health Foundation of South Florida	2 S Biscayne Blvd #1710	Miami	FL	33131	USA	(407) 514-1606	<a href="http://www.hfst.org/">http://www.hfst.org/</a>
Little Havana Activities and Nutrition Centers of Dade County, Inc.	700 SW 8th Street	Miami	FL	33130	USA	(305) 868-0887	<a href="http://www.lhanc.org/">http://www.lhanc.org/</a>
Town of Miami Lakes, Parks and Rec		Miami Lakes	FL		USA	305-557-3230	
Senior Choices of Southwest Florida		North Fort Meyers	FL		USA	239-652-6900	
Florida Health Networks	13899 Biscayne Blvd, Suite 205	North Miami Beach	FL	33181	USA	(305) 952-4263	<a href="http://floridahealthnetworks.org/">http://floridahealthnetworks.org/</a>
Movements 4 Life LLC		Orlando	FL		USA	407-644-3606	
Movements 4 Life, Inc	3571 KIRKWOOD DR	Orlando	FL	32810	USA	4077788966	
Senior Resource Alliance-Area Agency on Aging of Central Florida	988 Woodcock Rd #200	Orlando	FL	32803	USA	407-514-1806	<a href="http://www.SRAFlorida.org">www.SRAFlorida.org</a>
Curves		Port Orange	FL		USA	386-760-6063	
CARES Inc.-Claude Pepper		Port Richey	FL		USA	727-844-3077	
Aging & Disability Resources Center of Broward County (ADRC)	5301 Hiatus Rd	Sunrise	FL	33351	USA	(954) 745-9779	<a href="http://www.adrcbroward.org/">http://www.adrcbroward.org/</a>
Areswilde Council on Aging		Sunrise	FL		USA	954-745-9779	
Florida International University		Sunrise	FL		USA	305-348-3933	
Area Agency on Aging North Florida	2414 Mahan Dr	Tallahassee	FL	32308	USA	850-488-0555	<a href="http://www.aaanf.org/">http://www.aaanf.org/</a>
Department of Elder Affairs		Tallahassee	FL		USA	850-414-2307	
FMQAI		Tampa	FL		USA	863-670-6770	
Senior Connection Center, Inc	8928 Brittany Way	Tampa	FL	33619	USA	813-740-3888	<a href="http://seniorconnectioncenter.org/">http://seniorconnectioncenter.org/</a>
Tampa General Hospital	PO Box 1289	Tampa	FL	33601	USA	813-844-7857	<a href="https://www.tgh.org/">https://www.tgh.org/</a>
Parrish Medical Center		Trussville	FL		USA	331-268-6111	
AAA of Palm Beach/Treasure Coast, Inc.		West Palm Beach	FL		USA	561-684-5885 X 261	
Area Agency on Aging of Palm Beach	4400 N Congress Ave	West Palm Beach	FL	33407	USA	561-214-8622	<a href="http://www.youragingresourcecenter.org/">http://www.youragingresourcecenter.org/</a>
Crosby YMCA	2005 Mizell Ave	Winter Park	FL	32792	USA	(407) 644-3606	
SOWEGA Council on Aging AAA	1105 Palmyra Road	Albany	GA	31701	USA		
Northeast Georgia AAA	305 Research Dr	Athens	GA	30605	USA	706-542-4067	
Atlanta Regional Commission	229 Peachtree Street NE	Atlanta	GA	30303	USA	404-378-1630	<a href="http://www.atlantaregional.com">www.atlantaregional.com</a>
Dept of Human Services - Division of Aging Services	2 Peachtree St NW	Atlanta	GA	30303	USA	404-576-0370	<a href="http://www.livewellagewell.info">www.livewellagewell.info</a>
Grady Memorial Hospital		Atlanta	GA		USA	404-616-6486	
Meals on Wheels Atlanta		Atlanta	GA		USA	404-351-3889	
Shepherd Center		Atlanta	GA		USA	404-350-7559	
Central Savannah River AAA	3023 Riverwatch Parkway	Augusta	GA	30907	USA	706-650-6537	<a href="http://www.livewellagewell.info/">http://www.livewellagewell.info/</a>
CRSA AAA, Augusta		Augusta	GA		USA	706-312-6533 or 706-955-7507	
Heart of Georgia Area Agency on Aging		Baxley	GA		USA	912-376-3648	
Coastal Area Agency on Aging	127 F St	Brunswick	GA	31520	USA	912-262-2843/912-437-0851	
Coastal Georgia Area Agency on Aging	1181 Coastal Drive SW	Brunswick	GA	31520	USA	912-437-0843	<a href="http://www.livewellagewell.info/">http://www.livewellagewell.info/</a>
River Valley Area Agency on Aging		Columbus	GA		USA	706-256-2915	
Alcove Fitness & Wellness Club		Cowlington	GA		USA	678-296-8950	
Three Rivers AAA	13273 Hwy. 34 East	Franklin	GA	30217	USA	678-552-2843	
CRSA AAA, Grovetown		Grovetown	GA		USA	706-254-3348 or 706-496-3373	
MGA AAA Partner		Macon	GA		USA	478-923-6424	
Middle Georgia AAA	175 Emery Hwy	Macon	GA	31217	USA	478-751-6466	<a href="http://www.livewellagewell.info">www.livewellagewell.info</a>
Legacy Link AAA	608 Oak St #1	Oakwood	GA	30566	USA	770-538-2711	
Northwest Georgia AAA	1 Jackson Hill Dr	Rome	GA	30161	USA	706-295-6485	<a href="http://www.livewellagewell.info">www.livewellagewell.info</a>
A'Ket! Communications/SWAH Fitness		Sparta	GA	31087	USA	706-998-0823	
Gentilly Gardens		Statesboro	GA		USA	912-681-1923	
Southern AAA Diversified Resources, Inc., Tifton		Tifton	GA		USA	912-285-3089	
Diversified Resources, Inc.		Waycross	GA		USA	912-285-3089	
Southern AAA Diversified Resources, Inc., Waycross		Waycross	GA		USA	912-285-3089	
Southern Georgia AAA	1725 S Georgia Pkwy W	Waycross	GA	31503	USA	912-285-3089	
TAI CHI FOR HEALTH	98-820 MOANALUA RD 15-1	AIEA	HI	96701	USA	734-558-6283	
Attention Plus Care	1580 Makaloa St #1060	Honolulu	HI	96744	USA	808-739-2811	
Catholic Charities Hawaii	1822 Keesaunuku Street	Honolulu	HI	96822	USA	(808) 527-4701	
Department of Health Neurotrauma Supports	2627 Kauea Ave., Room 411	Honolulu	HI	96816	USA	(808) 533-2152	
Emergency Medical Services & Injury Prevention System Branch-DOH	DOH-Leah Hospital, Trotter Basement	Honolulu	HI	96816	USA	808-733-9020	
Infinite Wellness	2233 Ala Wai Blvd. Apt. 10C	Honolulu	HI	96815	USA	808-690-1343	
Kaiser Permanente	1010 Pensacola Street	Honolulu	HI	96814	USA	808-432-2271	
Queens Hospital	1301 Punchbowl St	Honolulu	HI	96813	USA	808-691-2102	
Strath Clinic and Hospital	803 S. King Street	Honolulu	HI	96813	USA	808-522-4603	
The Queen's Medical Center	1301 Punchbowl St	Honolulu	HI	96813	USA		
The Salvation Army - Adult Day Health Services	296 N. Vineyard Blvd	Honolulu	HI	96817	USA	808-521-6551	
Molokai General Hospital	P.O. Box 408	Kaunakakai	HI	96748	USA	808-553-3143	
Lanai Community Health Center	P O Box 630142	Lanai City	HI	96763	USA	808-565-6919	

A Matter of Balance

Organization	Address	City	State	Postal Code	Country	Phone	Website
Dbx Loving Care Kauai	Po box 3158	Lihue	HI	96766	USA	808-639-9043	
Kauai District Health Office (CDMC)	3040 Umi St	Lihue	HI	96766	USA	808-241-3421	
Ma Hoohala	PO Box 3208	Walluku	HI	96793	USA	808-249-2545	
UH CTIHR WAIMANALO LEARNING CENTER	41-698 Ahiki Street	Waimanalo	HI	96796	USA	808-499-5055	
Monroe County Public Health	1801 S 8 St	Albia	IA	52531	USA	(641) 638-1452	
Mary Greeley Homehealth		Ames	IA		USA	515-291-2348	
Carroll County Public Health		Carroll	IA		USA	712-794-5436	
Agape Rehabilitation Agency		Cedar Rapids	IA		USA	319-277-3166	
Heritage Area Agency on Aging	6301 Kirkwood Blvd SW	Cedar Rapids	IA	52406	USA	319-398-5599	<a href="http://www.heritageaaa.org/">http://www.heritageaaa.org/</a>
Southwest 8 Senior Services		Council Bluffs	IA		USA	712-328-2540	
Crest Health Center at Ridgecrest Village		Davenport	IA		USA	563-388-3224	
Generations Area Agency on Aging	935 E 53rd St	Davenport	IA	52807	USA	(563) 324-9085	
Milestones Area Agency on Aging (Davenport)	935 E 53rd St	Davenport	IA	52807	USA	(563) 324-9805	<a href="http://www.milestonesaaa.org">www.milestonesaaa.org</a>
Northeast Iowa Area on Aging on Aging		Decorah	IA		USA	319-874-6840	
Northland Agency on Aging	808 River St	Decorah	IA	52101	USA	(563) 382-2941	
Aging Resources of Central Iowa	5835 Grand Ave	Des Moines	IA	50312	USA	(515) 286-3767	
Aging Services of Central Iowa	5835 Grand Ave	Des Moines	IA	50312	USA	515.633.9524	<a href="http://www.agingresources.com/">http://www.agingresources.com/</a>
Polk County Health Department	1907 Carpenter Ave	Des Moines	IA	50314	USA	(515) 286-3767	
Polk County Senior Services		Des Moines	IA		USA	515-287-0092	
Unity Point Health - Des Moines		Des Moines	IA		USA	515-241-6893	
Scenic Valley Area Agency on Aging	2728 Asbury Rd #430	Dubuque	IA	52001	USA		
Greenbelt Home Care	2411 Edgington Ave	Eldora	IA	50627	USA	641-939-8444 x438	
Emmett County Public Health	508 S 1st St	Estherville	IA	51334	USA	712-362-2490	
Good Samaritan Society - Forest City	606 S 7th St	Forest City	IA	50436	USA	641-585-2232	
MIlls County Public Health		Glenwood	IA	51534	USA	(712) 527-9699	
Horn Memorial Hospital	701 E 2nd St	Iowa Grove	IA	51445	USA		
Center for Disability and Development	100 Hawkins Dr	Iowa City	IA	52242	USA	712-364-3121	
Green County Medical Center	1000 W Lincoln Way	Jefferson	IA	50129	USA		
Pioneer Park		Lone Tree	IA		USA	319-629-4255	
Elderbridge Agency on Aging	22 N Georgia Ave #216	Mason City	IA	50401	USA	(800) 243-0678	<a href="http://www.elderbridge.org/index.php">http://www.elderbridge.org/index.php</a>
Clarke County Public Health	144 West Jefferson	Osceola	IA	50213	USA	(641) 342-3724	
Milestones Area Agency on Aging (Ottumwa)	623 Pennsylvania Avenue	Ottumwa	IA	52501	USA		
Hegg Memorial Health Center	1202 21st Ave	Rock Valley	IA	51247	USA	712-476-8080	
Calhoun County Public Health	501 Court Street	Rockwell City	IA	50579	USA	(712) 297-8323	
Connections Area Agency on Aging	2301 Pierce St	Sioux City	IA	51104	USA	(712) 279-6900	
Louisa County Public Health	805 James L Hodges Ave	Wapello	IA	52653	USA		
United Presbyterian Home	1203 Washington	Washington	IA	52553	USA	319-653-5473	
Black Hawk County Health Department	1407 Independence Ave	Waterloo	IA	50703	USA		
Bridges Senior Living		Waterloo	IA		USA	319-233-1133	
Fit Xpress LLC	746 Wildwood Rd	Waterloo	IA	50702	USA	(319) 404-4219	
Friends of Faith Retirement		Waterloo	IA		USA	319-291-1353	
Northeast Iowa Area Agency on Aging (NE13A)	PO Box 388	Waterloo	IA	50704	USA	(319) 272-2444	<a href="http://www.hvaas.org">www.hvaas.org</a>
Iowa Health Care Association	6750 Westown Pkwy #100	West Des Moines	IA	50266	USA	(515) 237-5020	
Good Samaritan Society - West Union		West Union	IA		USA	563-422-9686	
Advocate Good Shepherd Hospital	450 West Highway 22	Barrington	IL	60010	USA	847-842-4103	
Advocate Good Shepherd Hospital	450 IL-22	Barrington	IL	60010	USA	(847) 842-3797	
AgeSmart Community Resources	2365 Country Rd	Belleville	IL	62221	USA	618-232-2561	<a href="http://www.agesmart.org/contact/">http://www.agesmart.org/contact/</a>
Community Care Systems, Inc.	616 IAA Dr.	Bloomington	IL	61708	USA	(217) 774-7885	
Community Care Systems, Inc.	3601 General Electric Road	Bloomington	IL	61704	USA	3096616400	
Chinese American Service League (CASL)	2141 S Tan Court	Chicago	IL	60616	USA	(312) 791-0418	<a href="https://www.caservice.org/">https://www.caservice.org/</a>
Rush University Medical Center	710 S Paulina St #431	Chicago	IL	60612	USA	312-942-2093	<a href="https://www.rush.edu/">https://www.rush.edu/</a>
Senior Services of Crystal Lake, IL	110 Woodstock St	Crystal Lake	IL	60014	USA	815-356-7457	
Catholic Charities	247 W Prairie Ave	Decatur	IL	62523	USA	217-283458	
Decatur Catholic Charities		Decatur	IL		USA	217-520-4472	
Advocate Good Samaritan Hospital	3815 Highland Ave	Downers Grove	IL	60515	USA	(630) 275-2281	
Pinnacle Physical Therapy		Frankfort	IL	60423	USA	815-806-8000	
Illinois Valley Economic Development Corp.	PO Box 88	Gillespie	IL	62626	USA	2178394431	
Macoupin County Public Health	1125 Macoupin St	Gillespie	IL	62033	USA	217-839-4112	
Catholic Charities, Diocese of Joliet	249 S Schuyler Ave.	Kankakee	IL	60901	USA	(815) 523-9919	<a href="https://catholiccharitiesjoliet.org/">https://catholiccharitiesjoliet.org/</a>
Community Care Systems, Inc.	2921 Walnut Ave	Mattoon	IL	61938	USA	217-725-6081	
Senior Services Associates	3519 N Richmond Road	McHenry	IL	60051	USA	815-344-3555	
New Lenox Safe Communities America Coalition		New Lenox	IL	60451	USA	8154626100/815-545-1185	<a href="https://www.facebook.com/safenewlenox">https://www.facebook.com/safenewlenox</a>
New Lenox Township	200 Veterans Pkwy	New Lenox	IL	60451	USA	815-462-6100/815-485-6431	<a href="http://www.ageguide.org/index.html">http://www.ageguide.org/index.html</a>
AgeOptions	1048 Lake Street	Oak Park	IL	60301	USA	708-383-0258	
Advocate Lutheran General Hospital	1775 Dempster St.	Park Ridge	IL	60068	USA	(847) 824-5079	
Central Illinois Agency on Aging	700 Hamilton Blvd	Peoria	IL	61603	USA	309-674-2071	
Hult Center for Healthy Living	5215 N. Knoxville Ave.	Peoria	IL	61614	USA	309-672-4926	
Methodist College-Eastern Illinois AAA	7600 N Academic Drive	Peoria	IL	61615	USA	(309) 673-2854	<a href="http://www.methodistcol.edu/">http://www.methodistcol.edu/</a>
Korean American Community Services	664 N Milwaukee Ave	Prospect Heights	IL	60070	USA	847-520-1999 Ext. 111	
Lifescape Community Services, Inc.	705 Kilburn Ave	Rockford	IL	61101	USA	815-798-1146	
Lifescape Community Services, Inc.		Rockford	IL		USA	815-963-1609	
Northwestern IL Area Agency on Aging	1111 S. Alpine Rd	Rockford	IL	61108	USA	815264901	
Rockford Health System		Rockford	IL		USA	815-971-2000	
CCSI	304 E Main	Shelbyville	IL	62565	USA	217-774-7885	
Senior Services of Central Illinois	701 W Mason St	Springfield	IL	62702	USA	2175284035	
Northeastern Illinois Area Agency on Aging	245 W Roosevelt Rd #41	West Chicago	IL	60185	USA	630-293-5990	
Senior Services Associates	908 Game Farm Road	Yorkville	IL	60560	USA	630-553-5777	<a href="http://www.ageguide.org/">http://www.ageguide.org/</a>
Thrive Alliance		Columbus	IN	47201	USA	812-372-6918	
Northwest Indiana Community Action	5240 Fountain Dr	Crown Point	IN	46307	USA	219-794-1829	<a href="http://www.nwi-ca.com/">http://www.nwi-ca.com/</a>
Area 10 Agency on Aging	631 Edgewood Dr	Ellettsville	IN	47429	USA	812-876-3383	<a href="http://www.area10agency.org/">http://www.area10agency.org/</a>
Parkeview Hospital/Parkeview Health		Fort Wayne	IN		USA	260-373-7209	
IU Health Methodist		Indianapolis	IN	46202	USA	(317) 962-0101	
Area IV Agency on Aging and Community Action Programs (IN)	660 North 36th Street	Lafayette	IN	47903	USA	(765) 447-7683	<a href="http://www.areaivagency.org/">http://www.areaivagency.org/</a>
REAL Services, Inc	P. O. Box 1835	South Bend	IN	46634	USA	574-284-7132	<a href="https://www.realservices.org/_wp/">https://www.realservices.org/_wp/</a>
Saint Joseph Regional Medical Center		South Bend	IN		USA	574-239-5297	
Area 7 Agency on Aging and Disabled/WCIEDD		Terre Haute	IN		USA	812-238-1561	
Generations		Vincennes	IN	47591	USA	(812) 888-5880	
Generations	1019 N 4th Street	Vincennes	IN	47591	USA	812-888-4527	
LifeStream Services Inc	1701 S Pilgrim Blvd	Yorktown	IN	47396	USA	765-759-1121	<a href="https://www.lifestreaminc.org/">https://www.lifestreaminc.org/</a>
Senior Center/Moal Site	320 South A	Arkansas City	KS	67005	USA	620-441-4419	
South Central Kansas AAA	304 S SUMMIT ST	ARKANSAS CITY	KS	67005	USA	620-442-0268	
North Central- Flint Hills AAA	401 Houston Street	Manhattan	KS	66502	USA	(785) 776-2494	<a href="http://nchfaaa.com/">http://nchfaaa.com/</a>
Central Plains Area Agency on Aging	2622 W Central Ave #500	Wichita	KS	67203	USA	(316) 660-5217	
Marshall County Cooperative Ext		Benton	KY		USA	270-527-3285	
Barren River District Health Dept	1109 State St	Bowling Green	KY	42101	USA	(270) 781-2490	
Cabinet for Health and Family Svcs	275 E Main St	Frankfort	KY	40601	USA	(502) 564-6930	
Kentucky Cabinet for Health & Family Services	275 E 3rd St	Frankfort	KY	40601	USA	502-564-6930 ext 3539	<a href="http://www.chfs.ky.gov/dail/CDSMP.htm">http://www.chfs.ky.gov/dail/CDSMP.htm</a>
Bluegrass Area Agency on Aging	699 Perimeter Dr	Lexington	KY	40517	USA	606-269-8021	
Jefferson Co LD Cooperative Ext Svc	810 Barrer Ave	Louisville	KY	40204	USA	(502) 569-2344	
KIPDA Area Agency on Aging		Louisville	KY		USA	502-266-6084	
Hopkins Co Health Dept		Madisonville	KY		USA	(270) 821-5242	
Buffalo Trace Area Agency on Aging		Maysville	KY		USA	606-564-6894	
Brighton Center		Newport	KY		USA	859-491-8303 x2340	
Brighton Center	P.O. Box 325 799 Ann Street	Newport	KY	41072	USA	8594918303 ext. 2340	
Jessamine County Health Department	215 E Maple St	Nicholasville	KY	40356	USA	(859) 885-4149	
Big Sandy Area Development District	Resource Dr	Prestonsburg	KY	41653	USA	(606) 432-1072	
Lake Cumberland Area Development District		Russell Springs	KY		USA	270-866-4200	
Elliott County Coop Extension		Sandy Hook	KY		USA	606-738-6400	
Lake Cumberland District Health Department		Somersett	LA		USA	606-878-4761 x1366	
Capital Area Agency on Aging, District 2	P.O. Box 66038	Baton Rouge	LA	70896	USA	225-922-2525	<a href="http://www.capitalaaa.org/">http://www.capitalaaa.org/</a>
Our Lady of the Lake Regional Medical Center		Baton Rouge	LA		USA	225-765-7834 225-765-7977	
Cajun Area Agency on Aging		Lafayette	LA		USA	337-572-8940	
New Orleans Council on Aging		New Orleans	LA	70179	USA	(504) 821-4121	

A Matter of Balance

Organization	Address	City	State	Postal Code	Country	Phone	Website
Active Age Consulting		Arlington	MA		USA	781.999.0223	
Attleboro YMCA	63 N Main St	Attleboro	MA	02703	USA	508-222-7422/508-409-0736	www.attleboroymca.org
Minuteman Senior Services	26 Crosby Dr	Bedford	MA	01730	USA	781-272-7177	http://www.minutemansenior.org
AKCO Elder Services	178 Tremont St	Boston	MA	02111	USA	(617) 548-6338	
Boston Senior Home Care	89 South St	Boston	MA	02111	USA	617-451-6400/ 671-303-6996	www.bostonseNIORhomecare.info
Boston Senior Home Care	89 South Street	Boston	MA	02111	USA	857-317-3036	www.bostonseNIORhomecare.info
Brigham and Women's Hospital		Boston	MA		USA	203-887-5915	
Enhance Asian Community on Health	334 Massachusetts Avenue	Boston	MA	02115	USA		
Faulkner Hospital		Boston	MA		USA	617-883-7451	
Greater Boston Chinese Golden Age Center	75 Kneeland St #204	Boston	MA	02111	USA	617-357-0236	www.gbcbgc.org
Hebrew Senior Life		Boston	MA		USA	617-363-8319	
Hebrew Senior Life (also Active Age Counseling)		Boston	MA		USA	617-363-8319	
Massachusetts Commission for the Blind	600 Washington Street	Boston	MA	02116	USA	(617) 727-5550	
MGR Senior Health Wise	1 Hawthorne Pl #111	Boston	MA	02114	USA	(617) 643-2880	
Tufts Medical Center		Boston	MA		USA	617 636-7111	
South Shore Elder Services, Inc.		Braintree	MA	02184	USA	781 848-3939	
Brockton Neighborhood Health Center	63 Main St	Brockton	MA	02301	USA	508-559-6699	www.bnbc.org
Old Colony Elderly Services Inc.	144 Main St	Brockton	MA	02301	USA	508-584-1561	http://www.ocesma.org/
Lahey Hospital and Medical Center	30 Burlington Mall Road	Burlington	MA	01803	USA	(781) 744-2567	http://www.lahey.org
Anne S Ryan		Cambridge	MA		USA	781-228-9562	
Cambridge Health Alliance	1493 Cambridge St	Cambridge	MA	02139	USA	617-665-1000	www.challiance.org/Main/Home.aspx
Mount Auburn Hospital	300 Mt Auburn St	Cambridge	MA	02138	USA	617-499-5625	http://www.mountauburnhospital.org/
Senior Whole Health	58 Charles St	Cambridge	MA	02141	USA	(617) 551-4111	
Orchard Cove Hebrew Senior Life		Canton	MA		USA	781 821-3126	
Berkshire Partnership for Health	366 E Housatonic St	Dalton	MA	01226	USA	(413) 684-9714	
North Shore Elder Services	152 Sylvan St	Danvers	MA	01923	USA	(978) 750-4540	www.nselder.org
HealthyLiving Cape Cod		Dennis	MA		USA	508-470-1125	
Kit Clark Senior Services	1500 Dorchester Ave	Dorchester	MA	02122	USA	(617) 825-5000	
Tri-Valley, Inc.	10 Mill St	Dudley	MA	01571	USA	(508) 949-6640	https://www.trivalleyinc.org/
Duxbury Senior Center	10 Mayflower St	Duxbury	MA	02332	USA	(781) 934-5774 x112	
Elder Services of Cape Cod &Island/RSVP		E. Falmouth	MA		USA	508-457-5543	
Island Health Care Community Health Center		Edgartown	MA		USA	774 337-9526	
Community Nurse Home Care	62 Center St	Fairhaven	MA	02719	USA	508-992-6278 Ext. 2720	http://www.communitynurse.com/
Community Nurse Home Care	62 Center Street	Fairhaven	MA	02719	USA	508-992-6278	http://www.communitynurse.com/
Bristol Elder Services	1 Father DeValles Boulevard	Fall River	MA	02723	USA	774-627-1469	www.bristolelder.org
Britsol Elder Services	1 Father DeValles Blvd	Fall River	MA	02723	USA	508-675-2101	www.bristolelder.org
MetroWest YMCA Inc.	280 Old Connecticut Path	Frammingham	MA	01701	USA	(508) 879-4420	http://www.metrowestymca.org
The Latino Health Insurance Program, Inc.	88 Waverly Street, 1st Floor	Frammingham	MA	01702	USA	5088751237	
Gardner Council on Aging		Gardner	MA		USA	978-895-3890	
Berkshire South Community Center	15 Crissey Rd	Great Barrington	MA	01230	USA		
Groton Council on Aging	163 W Main Street	Groton	MA	01450	USA	978-448-1170	
South Shore YMCA - Emilon Branch	75 Mill St	Hanover	MA	02339	USA		
Ludlow Area Adult Learning Center/HCC		Hardwick	MA	01056	USA	413-477-8296	
Orion Health Care	52 Boyden Rd	Holden	MA	01520	USA	(508) 820-5555/ 508-820-1213	
New England Wellness Foundation	677 West Main Street	Hyannis	MA	02601	USA	5085408833	
New England Wellness Foundation-Hyannis		Hyannis	MA		USA	774 487-2056	
SeniorCare Inc - Ipswich	6 Caroline Ave	Ipswich	MA	01938	USA	(978) 468-2616	
Ethos	555 Armory St	Jamaica Plain	MA	02130	USA	(617) 522-6700	http://www.ethocare.org
Elder Services of the Merrimack Valley, Inc.	280 Merrimack Street, Ste 400	Lawrence	MA	01843	USA	(978) 946-1211	http://www.healthylivingme.org
Lawrence Senior Center	155 Haverhill St.	Lawrence	MA	01840	USA	978-620-3540	
Healthalliance Home Health and Hospice		Leominster	MA		USA	978 728-0651	
Highland Valley Elder Services	15 Lead Mine Road	Leverett	MA	01054	USA	N/A home 413 548-9714	
Life Care Center of Nashobova Valley		Lowell	MA		USA	978-459-2594	
Greater Lynn Senior Services, Inc	8 Slibee St	Lynn	MA	01901	USA	781-599-0110	http://www.glys.net/
Mystic Valley Elder Services	300 Commercial St	Malden	MA	02148	USA	781-324-7705	www.mves.org
BayPath Elder Services	33 Boston Post Rd W #500	Marlborough	MA	01752	USA	508-573-7200	www.baypath.org
Melrose and Wakefield Health Dept	562 Main St	Melrose	MA	02176	USA	(781) 979-4129	
Manet Community Health Center	2 Granite Ave #101	Milton	MA	02186	USA	617-690-6400	www.manetchc.org
Matck Human Services & Council on Aging		Natick	MA		USA	508-647-6540	
Coastline Elderly Services Inc	1646 Purchase St	New Bedford	MA	02740	USA	508-999-6400	www.coastlineelderly.org
Newton-Wellesley Hospital		Newton	MA		USA	617 243-6649	
Northern Berkshire Community Coalition/Be Well Berkshires		North Adams	MA		USA	413-663-7588 ext. 16	
North Andover Senior Center		North Andover	MA		USA	978-688-9560	
Town of Easton Council on Aging		North Easton	MA		USA	508-230-0540	
Mass State Office of Rural Health		Northampton	MA		USA	413-538-7325	
Massachusetts Department of Public Health	23 Service Center Rd	Northampton	MA	01060	USA	(413) 586-7525 x3148	
Norwell Visiting Nurse Association Inc	120 Longwater Dr	Norwell	MA	02061	USA	781-659-2342 ext 237	
Oxford Community		Oxford	MA		USA	508-987-6002	
Pepperell Council on Aging	37 Nashua Rd	Pepperell	MA	01463	USA	978-433-0326	
Berkshire Family YMCA	292 North St	Pittsfield	MA	01201	USA	413-464-7673	
Berkshire Health System	725 North St	Pittsfield	MA	01201	USA		
Berkshire Public Health Alliance	1 Fern St	Pittsfield	MA	01201	USA		
Elder Services of Berkshire County	877 South St	Pittsfield	MA	01201	USA	413-499-0524	http://www.esbci.org
Pittsfield Family YMCA		Pittsfield	MA		USA	413-499-7650	
Enhance Asian Community on Health(EACH)	110 W Squantum St	Quincy	MA	02271	USA	857-472-3224	www.each4asian.org
Quincy Health Department	440 E Squantum St	Quincy	MA	02271	USA	617 376-1270	www.aquityma.gov/government/health
South Shore YMCA	79 Coddington St	Quincy	MA	02169	USA	617-479-8500	www.ssymca.org
South Shore YMCA	79 Coddington St	Quincy	MA	02169	USA	617-479-8500	www.ssymca.org
Hebrew Senior Life- Revere		Revere	MA		USA	781 289-4505 (x5077)	
Institute for Aging Research, Hebrew Senior Life		Rosindale	MA		USA	617-363-8826	
Nashoba Nursing Service and Hospice		Shirley	MA	01464	USA	978-426-6675	
Somerville Cambridge Elder Services		Somerville	MA		USA	617 628-2634 ex 3108	
Somerville-Cambridge Elder Services		Somerville	MA	02143	USA	(617) 628-2601	https://eldercare.org/
Healthy Living Cape Cod Coalition	c/o Cape Cod Foundation, 259 Willow Street	South Dennis	MA	02660	USA	508-957-7620	www.healthylivingcapecod.org
Greater Springfield Senior Services	66 Industry Ave	Springfield	MA	01104	USA	413-781-8800	www.gsssi.org
Greater Springfield Senior Services	1122 St. James Ave	Springfield	MA	01104	USA	413-884-4199	
Franklin County Home Care Corporation	330 Montague City Rd	Turners Falls	MA	01376	USA	413-773-5555 Ext. 2297	www.ftchcc.org
LifePath	330 Montague City Rd	Turners Falls	MA	01376	USA	413.773.5555	
LifePath, Inc.	330 Montague City Rd.	Turners Falls	MA	01376	USA	(413) 773-5555	
Hebrew Senior Life- Walpole		Walpole	MA		USA	617 360-1161	
Springwell	307 Waverly Oaks Rd	Waltham	MA	02452	USA	(781) 972-5624	www.springwell.com
Private Contractor		West Falmouth	MA		USA	508 278-9725	
Boroughs Family Branch YMCA	4 Valente Drive	Westborough	MA	01581	USA	(508) 870-1320	
New England Wellness Foundation-Westport		Westport	MA	02790	USA	508-633-9183	
South Shore Hospital/Town of Weymouth	55 Fogg Rd.	Weymouth	MA	02190	USA	(781) 624-8000	
Central MA AHEC, Inc.		Worcester	MA		USA	508 756-6676	
City of Worcester's Division of Elder Affairs	128 Providence St	Worcester	MA	01604	USA	508-799-1322	www.worcesterma.gov/ocm/elder-affairs
Elder Services of the Worcester Area	67 Millbrook St #100	Worcester	MA	01606	USA	(508) 756-1545	
RSVP/Senior Service Corps of Cape Cod & the Island/Elder Services of Cape Cod & the Islands		Yarmouth	MA		USA	508 362-8497	
Howard University		Bowie	MD		USA	202 285-8891	
Howard County Dept of Citizen Services, Office on Aging		Columbia	MD		USA	410-313-6494	
Charles County Govt. Department of Community Services	8190 Port Tobacco Rd	Port Tobacco	MD	20677	USA	(301) 934-9305/(313) 934-0117	
MMC, Inc.	909 Progress Circle Ste 100	Salisbury	MD	21804	USA	410-742-0505 x136	http://www.mmcinc.org/
Holy Cross Hospital Senior Source	8580 2nd Ave	Silver Spring	MD	20910	USA	301-714-8510	
Spectrum Generations	1 Weston St	Augusta	ME	04330	USA	(800) 639-1553	http://www.spectrumgenerations.org/
Eastern Area Agency on Aging	1129 Union Street, Suite 30	Bangor	ME	04401	USA	(207) 941-2865	https://www.eaaa.org
Mount Desert Island Hospital		Bar Harbor	ME		USA	207-288-8439	
HillHouse, Inc.		Bath	ME		USA	207-443-6301	
Md Coast Hospital	11 Medical Center Dr	Brunswick	ME	04011	USA	(207) 739-0181	
Southern Maine Agency on Aging- Cape Elizabeth		Cape Elizabeth	ME		USA	207-799-7473	
Central Lincoln County YMCA		Damariscotta	ME		USA	207-563-3477	
Spectrum Generations Coastal CC		Damariscotta	ME		USA	207-563-1363	
Power of Prevention	194 E Main St	Fort Kent	ME	04743	USA	(207) 834-1944	

A Matter of Balance

Organization	Address	City	State	Postal Code	Country	Phone	Website
Healthy Communities of the Capital Area		Gardiner	ME		USA	207-582-8011	
Friends of Community Fitness-Guilford	31 High St	Guilford	ME	04443	USA	207-876-3905	<a href="http://www.comfitme.com/">http://www.comfitme.com/</a>
SeniorsPlus	8 Falcon Rd, PO Box 6559	Lewiston	ME	04240	USA	(207) 795-4010	<a href="http://seniorsplus.org/">http://seniorsplus.org/</a>
Healthy Oxford Hills	181 Main St	Norway	ME	04268	USA	(207) 743-1562	
Sebastlook Valley Health	447 N Main St	Pittsfield	ME	04967	USA	207-487-4024	
Maine Medical Center	22 Bramhall St	Portland	ME	04102	USA	(207) 774-2381	
Partnership for Healthy Aging	465 Congress St #301	Portland	ME	04101	USA	(207) 661-7001	
Aroostook Agency on Aging	1 Edgemont Dr #2	Presque Isle	ME	04769	USA	(207) 764-3396	<a href="http://aroostookaging.org/index.html">http://aroostookaging.org/index.html</a>
Pemquis RSVP		Roxbury	ME	04841	USA	(207) 596-0361	
Pentecost Bay YMCA	170 Pleasant St	Rockport	ME	04856	USA	207-236-3375 x 281	
Goodall Hospital		Sanford	ME		USA	207-490-7600-8401	
Sanford-Springvale YMCA		Sanford	ME	04073	USA	(207) 324-4942	<a href="http://www.sanfordymca.org/">http://www.sanfordymca.org/</a>
Friends of Community Fitness-Sangerville		Sangerville	ME		USA	207-564-3612	
Southern Maine Agency on Aging	136 US Route One	Scarborough	ME	04074	USA		<a href="http://www.smaa.org">http://www.smaa.org</a>
Accessible Living Solutions		Smithfield	ME	04978	USA	207-362-5252	
Islands Community Medical Services		Vinalhaven	ME	04863	USA	(207) 863-4341	
HealthReach RSVP	10 Water St #302	Waterville	ME	04901	USA	(207) 861-3476	
Maine General		Waterville	ME	04903	USA	(207) 861-3428	
Northeast MI Community Service Agency (NEMCSA)/Region 9 Area Agency on Aging	2375 Gordon Rd	Alpena	MI	49707	USA	1-800219-2273	
National Kidney Foundation of Michigan- Ann Arbor	1169 Oak Valley Dr	Ann Arbor	MI	48108	USA	734-222-8800	<a href="http://www.nkfm.org/">http://www.nkfm.org/</a>
Kool Family Community Center	200 Michigan Ave W #104	Battle Creek	MI	49017	USA	269-441-0933	
Region 3B Area Agency on Aging		Battle Creek	MI		USA	269-441-0931	
Senior Health Partners/Region 3B AAA		Battle Creek	MI		USA	269-441-0920	
Region VII Area Agency on Aging	1615 S Euclid Ave	Bay City	MI	48706	USA	989-893-4506	
Region 2 Area Agency on Aging		Brooklyn	MI	48230	USA	(800) 335-7881	
Hills and Dales Hospital	4675 Hill St	Case City	MI	48726	USA	9897980341	
Region 9 Area Agency on Aging		Cheboygan	MI		USA	231 627-7089 x337	
Macomb County Community Services Agency Office of Senior Services		Clinton Township	MI		USA	586-469-6702	
Branch - Hillsdale - St. Joseph Community Health Agency		Coldwater	MI		USA	517-219-9561x104	
Branch-St Joseph Area Agency on Aging 3-C	570 Marshall Rd	Coldwater	MI	49036	USA		
Botsford Hospital- Detroit		Detroit	MI		USA	313-657-3793	
Detroit AAA St John Review	7633 E Jefferson Ave #170	Detroit	MI	48214	USA	(313) 699-4035	
Detroit Area Agency on Aging 1A	1333 Brewery Park	Detroit	MI	48207	USA	(313) 446-4444	<a href="http://detroit seniorsolution.com/">http://detroit seniorsolution.com/</a>
Neighborhood Service Organization		Detroit	MI		USA	313-661-7990	
St. Patrick Senior Center		Detroit	MI		USA	313-833-7080	
Botsford Hospital- Framington		Framington Hills	MI		USA	248-763-4060	
McLaren Flint		Flint	MI		USA	810-342-0211	
National Kidney Foundation of Michigan- Flint		Flint	MI		USA	810-232-0522 - wk 810-577-8974 - cell	
Otsego County Commission on Aging		Gaylord	MI		USA	989-732-1122	
Cartwheels Worksite Wellness		Grand Ledge	MI		USA	517-662-1211	
Area Agency on Aging of Western Michigan (AAAWM)	1279 Cedar St NE	Grand Rapids	MI	49503	USA	616-588-2580	<a href="http://www.aaawm.org/">http://www.aaawm.org/</a>
Salvation Army		Grand Rapids	MI		USA	616-588-7000 x2029	
Senior Neighbors Inc	678 Front Ave NW #205	Grand Rapids	MI	49504	USA	616-233-0283	<a href="http://seniornighbors.org/">http://seniornighbors.org/</a>
Michigan State University Extension-Hastings		Hastings	MI		USA	269-945-1388	
Michigan Department of Community Health- Hastings		Holt	MI		USA	517-699-1864	
Alligance Health		Jackson	MI		USA	517 817-7633	
Borgess Trauma Services		Kalamazoo	MI		USA	269 226-7075	
Bronson Methodist Hospital	601 John St #351	Kalamazoo	MI	49007	USA	269-341-8253	
Region 3A Area Agency on Aging	3299 Gull Rd	Kalamazoo	MI	49048	USA		
Michigan Department of Community Health- Lansing	201 Townsend St	Lansing	MI	48909	USA	517 335-1236	<a href="http://www.mhhealthprograms.org/path-workshop-search.aspx">http://www.mhhealthprograms.org/path-workshop-search.aspx</a>
Tri-County Office on Aging	5303 South Cedar Street	Lansing	MI	48911	USA	(517) 887-1440	<a href="http://www.tcoa.org/">http://www.tcoa.org/</a>
St. Mary's Mercy Hospital		Livonia	MI		USA	734-655-1324	
Trinity Health PACE	20255 Victor Parkway	Livonia	MI	48152	USA	(734) 343-2668	<a href="http://www.trinity-health.org/">http://www.trinity-health.org/</a>
MidMichigan Medical Center		Midland	MI		USA	989-828-1387	
Senior Services Midland County	4700 Dublin Ave	Midland	MI	48642	USA	(989) 689-7776	
Corsocare		Millford	MI		USA	248 438-8535	
Senior Resources (AAA 14)	560 Seminole Rd	Muskegon	MI	49444	USA	(231) 733-3519	
Senior Resources of Western MI Area Agency		Muskegon	MI		USA	231 733-3567	
Area Agency on Aging, IIIA		Nazareth	MI		USA	269-973-5228	
Agawell	560 Seminole Rd	Norton Shores	MI	49444	USA	(231) 733-8641	<a href="http://www.agawellservices.org">www.agawellservices.org</a>
Oxford Fire Department		Oxford	MI		USA	248-969-9483	
Senior Services Van Buren County		Paw Paw	MI		USA	269-655-8000	
Scheurer Hospital		Pigeon	MI		USA	989 453-5228	
Lake Huron Medical Center		Port Huron	MI		USA	810 216-1035	
Medical Network One	4986 Adams Rd	Rochester	MI	48306	USA	248 475 4701	
MedNetOne Health Solutions		Rochester	MI		USA	248-475-4857	
Beaumont Health System, Royal Oak		Royal Oak	MI		USA	248-551-0123	
St. Marys of Michigan		Saginaw	MI		USA	989 497-3023	
Area Agency on Aging 1B	29100 Northwestern Hwy #400	Southfield	MI	48034	USA	(248) 262-9226	
Presbyterian Villages of Michigan	26200 Lahser Rd #300	Southfield	MI	48033	USA	(248) 281-2020	<a href="http://www.pvm.org/">http://www.pvm.org/</a>
Presbyterian Villages of Michigan- Pontiac		Southfield	MI		USA	248-334-3739	
Providence and Providence Park Hospitals		Southfield	MI		USA	248 849-2739	
Lakeland Health		St. Joseph	MI		USA	269-930-0306	
Region IV Area Agency on Aging		St. Joseph	MI		USA	269-982-7744	
Region IV Area Agency on Aging	2900 Lakeview Ave.	St. Joseph	MI	49085	USA	2699827759	
Senior Nursing Care Services, Inc.		St. Joseph	MI		USA	269-408-0494	
Area Agency on Aging of Northwest Michigan		Traverse City	MI		USA	231-947-8920	
Oakwood Hospital Southshore		Trenton	MI		USA	734-642-2123	
Practice Transformation Institute	900 Wilshire Dr #202	Troy	MI	48084	USA	248.519.2337	<a href="http://www.transformcoach.org/">http://www.transformcoach.org/</a>
St Mary Medical Center- Troy, MI	Trinity Health East, PO Box 7052	Troy	MI	48007	USA	(215) 710-2350	
Ascension / St John Macomb	11800 E 12 Mile Road	Warren	MI	48093	USA	248 513 9763	
St. John Community Health Investment Corp		Warren	MI		USA	586-753-1484	
The Senior Alliance, Area Agency on Aging 1-C	5454 Venoy Rd	Wayne	MI	48184	USA	734-727-2061	<a href="http://www.aaa1c.org">www.aaa1c.org</a>
Spectrum Health Hospitals		Wyoming	MI		USA	616-486-5200	
Aitkin CARE	20 3rd St NE	Aitkin	MN	56431	USA	(218) 927-1383	
Rural Stearns Faith in Action		Cold Spring	MN		USA	320-685-3693	
Deaf Community Health Workers		Columbia Heights	MN		USA	612-424-6938	
ARDC's Arrowhead Area Agency on Aging	221 W. First Street	Duluth	MN	55802	USA	218-529-7531	
Arrowhead Area Agency on Aging	221 W 1st St	Duluth	MN	55802	USA	218-529-7531	<a href="http://www.arrowheadaging.org/">http://www.arrowheadaging.org/</a>
Northwoods Partners	328 West Conan Street	Ely	MN	55731	USA	(218) 365-8019	
Land of Dancing Sky AAA- Fergus Falls		Fergus Falls	MN		USA	218-739-4617	
ElderCircle	400 River Rd #1	Grand Rapids	MI	55744	USA	(218) 999-9233	
Living at Home Block Nurse Program	750 Prentice Street	Granite Falls	MN	56241	USA	(218) 564-3235	
Mesker Memorial Hospital		Litchfield	MN		USA	320-693-4524	
A.C.E. of Southwestern MN - Rock	319 East Lincoln	Luverne	MN	56156	USA		
Madela Community Hospital Fdtn	121 Drew Ave SE	Madelia	MN	56062	USA		
Minnesota River Area Agency on Aging, Inc.	201 N. Broad St	Mankato	MN	56001	USA	507-387-1256	<a href="http://mnrnaa.org/">http://mnrnaa.org/</a>
Boulder Estates	601 Village Drive	Marshall	MN	56258	USA		
Hill Street Place	601 South Hill Street	Marshall	MN	56258	USA		
Aging Services for Communities	212 1st St. S.	Montgomery	MN	56069	USA	(507) 364-5663	
Metropolitan Area Agency on Aging Inc	2365 McKnight Rd N	North St Paul	MN	55109	USA	651-917-4633	<a href="http://metroaging.org/">http://metroaging.org/</a>
Northfield Senior Center		Northfield	MN		USA	507-663-1269	
Land of the Dancing Sky AAA		Park Rapids	MN		USA	218-237-3304	
A.C.E. of Southwestern MN - Redwood	1011 E Elm St #221	Redwood Falls	MN	56283	USA		
Catholic Charities of Southern MN	903 West Center Street	Rochester	MN	55902	USA	5074501091	
Southeastern Minnesota AAA		Rochester	MN		USA	507-288-6944	
Southeastern Minnesota Area Agency on Aging	2720 Superior Dr NW	Rochester	MN	55902	USA	507 288-6944	<a href="http://semaarochestermn.org/">http://semaarochestermn.org/</a>
A.C.E. of Southwestern Minnesota - Murray County	121st St	Slayton Township	MN	56172	USA		
Catholic Charities of St Cloud Diocese		St Cloud	MN		USA	320-229-4586	
Catholic Charities St. Cloud	157 Roosevelt Rd	St Cloud	MN	56301	USA		
Central Minnesota Council on Aging	1301 W St Germain St #101	St Cloud	MN	56301	USA	320-253-9349	<a href="http://www.cmcoa.org/">http://www.cmcoa.org/</a>
Metropolitan AAA/New Directions Consulting, Inc		St Louis Park	MN		USA	612-816-8642	
Minnesota Board of Aging		St. Paul	MN		USA	651-431-3104	

A Matter of Balance

Organization	Address	City	State	Postal Code	Country	Phone	Website
Community Partners	505 1st. Avenue	Two Harbors	MN	55616	USA	(218) 834-8024	
Land of the Dancing Sky Area Agency on Aging- Warren	109 S Minnesota St	Warren	MN	56762	USA	218-745-9104	<a href="http://www.dancingskyaaa.org/">http://www.dancingskyaaa.org/</a>
Bethesda Wellness Center	1012 3rd St SE	Willmar	MN	56201	USA	(320) 235-3926	
A.C.E. of Southwestern Minnesota - Cottonwood County		Wisdom	MN	56101	USA		
RSVP of Southwest Minnesota		Windom	MN		USA	507-831-1803	
A.C.E. of Southwestern MN - Nobles	315 10th St	Worthington	MN	56187	USA		
Central Missouri Area Agency on Aging	1121 Business Loop 70 E #2a	Columbia	MO	65201	USA	(573) 874-2050	
Mercy Prestige of Mercy Hospital	2817 St Johns Blvd	Joplin	MO	64804	USA	(417) 781-2727	
MU Extension	1901 NE 48th St	Joplin	MO	64118	USA	81646073495	
Northland Shepherd's Center		Kansas City	MO		USA	816-695-1045	
Safety & Health Council of Western MO & KS	5829 Troost Ave	Kansas City	MO	64112	USA	8168425223	
A.T. Still University	800 W Jefferson St	Kirksville	MO	63501	USA	660-626-2049	
Lafayette Co Health Dept	547 MO-13 Business	Lexington	MO	64067	USA	(660) 256-4371	
Clay County Public Health Center		Liberty	MO		USA	(816) 395-4238	
Mid-East Area Agency on Aging	14535 Manchester Rd	Manchester	MO	63011	USA	(660) 207-2847	<a href="http://www.agingmissouri.org/">http://www.agingmissouri.org/</a>
St. John Community Health Investment Corp.	15990 W. 9 Mile Rd.	Southfield	MO	48075	USA	248-849-5714	
Southwest Missouri Office on Aging	1735 S Fort Ave	Springfield	MO	65807	USA	(417) 862-0762	<a href="http://www.svmoa.com">www.svmoa.com</a>
Living Community of St. Joseph	1202 Heartland Rd	St. Joseph	MO	64506	USA		
Barnes Jewish Hospital	One Barnes-Jewish Plaza	St. Louis	MO	63110	USA	314-362-9175	
St. Louis Area Agency on Aging	1520 Market	St. Louis	MO	63103	USA	3146571670	
The Oasis Institute	11780 Borman Dr #400	St. Louis	MO	63146	USA	314-862-2933 x237	<a href="http://www.oasisnet.org/">http://www.oasisnet.org/</a>
Lincoln County Council on Aging	1380 Boone St	Troy	MO	63379	USA		
Mississippi State Department of Health	2600 Browning Rd	Greenwood	MS	38930	USA	662 455-9429	
Southern MS Planning and Dev Dist	9229 US 49	Gulport	MS	39503	USA	228-314-1479	<a href="http://www.smpdd.com/">http://www.smpdd.com/</a>
Central MS Planning and Development District	1170 Lakeland Drive	Jackson	MS	39296	USA	601-981-1516	
Mississippi State Department of Health	570 S. Woodrow Wilson Ave	Jackson	MS	39216	USA	601.576.7781	<a href="http://www.msdh.state.ms.us/">http://www.msdh.state.ms.us/</a>
Mississippi Department of Health	715 Near Orchard Road	Ridgeland	MS	39157	USA	601-206-1559	
Land-of-Sky Regional Council	339 New Leicester Hwy #140	Asheville	NC	28806	USA	828-251-7438	<a href="http://www.landofsky.org/aaa.html">http://www.landofsky.org/aaa.html</a>
NC Center for Health & Wellness at UNC Asheville	441 Sherrill Center, CPO 4010	Asheville	NC	28804	USA	828-250-3992	<a href="http://nchh.unca.edu/">http://nchh.unca.edu/</a>
UNC Asheville, NC Center for Health and Wellness	441 Sherrill Center	Asheville	NC	28804	USA	828-258-7711	
High Country Area Agency on Aging	468 New Market Blvd	Boone	NC	28607	USA	828 265-5438 ext 113	<a href="http://www.regiond.org/AGING.html">http://www.regiond.org/AGING.html</a>
Camden Senior Center		Camden	NC		USA	252 335-2569	
UNC Institute on Aging		Chapel Hill	NC		USA	919-368-7495	
Centralina Area Agency on Aging	525 N Tryon St	Charlotte	NC	28202	USA	704 372-2416 or 704 348-2736	<a href="http://www.centralina.org/centralina-area-agency-on-aging-home/">http://www.centralina.org/centralina-area-agency-on-aging-home/</a>
Currituck County Senior Center		Currituck	NC		USA	(252) 232-3505	
Duke University Medical Center	Dumc Box 3943	Durham	NC	27710	USA	(919) 660-7548	
Durham County Department of Public Health	414 East Main St	Durham	NC	27701	USA	919-560-7109	
Triangle JAAA	4307 Emperor Blvd Suite 110	Durham	NC	27703	USA	(919) 558-2707	
Cumberland County Department of Public Health	1235 Ramsey Street	Fayetteville	NC	28311	USA	910-433-3892	
Mid-Carolina Area Agency on Aging		Fayetteville	NC	28301	USA	(910) 323-4131	<a href="http://www.wilkeseniorresources.com">www.wilkeseniorresources.com</a>
Mid-Carolina Council of Governments	PO Drawer 1510	Fayetteville	NC	28302	USA	910-323-4191 Ext. 27	<a href="http://www.mccog.org/">http://www.mccog.org/</a>
Be Active UNCG		Greensboro	NC		USA	336-334-6509	
East Carolina University		Greenville	NC		USA	(252) 744-6514	
Heather Kreamer		Greenville	NC		USA	252-353-3300	
Pitt County Council on Aging	4551 County Home Rd	Greenville	NC	27858	USA	(252) 752-1717	
Pitt County Memorial Hospital		Greenville	NC	27835	USA	252-847-6369	
Pitt County Schools		Greenville	NC		USA	252-902-1975	
Kern Tar Regional COG	1724 Graham Ave	Henderson	NC	27536	USA	252-436-2040 ext 6026	<a href="http://www.kerrtarco.org/aging/">http://www.kerrtarco.org/aging/</a>
Albemarle Commission Area Agency on Aging	512 S Church St	Hertford	NC	27944	USA	252 426-5753	<a href="http://www.albemarlecommission.org/aging/">http://www.albemarlecommission.org/aging/</a>
JW Falson Senior Center	PO Box 634	Jackson	NC	27845	USA	252-534-1012	
Piedmont Triad Regional Council Area Agency Aging	1398 Carrollton Crossing Drive	Kernersville	NC	27284	USA	336-497-5610 or 336-904-0300	<a href="http://www.ptarc.org/index.aspx?page=43">http://www.ptarc.org/index.aspx?page=43</a>
Be Active NC	2250 Perimeter Park Dr #120	Morrisville	NC	27560	USA	(919) 287-7006	
Eastern Carolina Council Area Agency on Aging	233 Middle St	New Bern	NC	28560	USA	252.638.3185 Ext 3015	
Avery Senior Services		Newland	NC		USA	813-733-6220	
Lumber River Council of Governments	30 CI Walker Rd	Pembroke	NC	28372	USA	910-775-9781	<a href="http://www.lumberrivecog.org/Aging%20Services%20Main%20Page.html">http://www.lumberrivecog.org/Aging%20Services%20Main%20Page.html</a>
Genesis Rehab Services	39 Tisbury Ct	Pittsboro	NC	27312	USA	(919) 929-0429	
Eastern Carolina Geriatric Assoc. and Family Care Center (Katheryn Elizabeth Chavers Adult Day Healt		Powellsville	NC		USA	252-209-0749	
Meals on Wheels of Wake County		Raleigh	NC		USA	919-256-3870	
NC Department of Health & Human Services, Div of Aging/Adult Svcs		Raleigh	NC		USA	919 855-3421	
Lee County Health Department		Sanford	NC		USA	919-718-4640 x5356	
Community & Senior Services of Johnston County		Selma	NC		USA	919 965-6478	
Southwestern Commission AAA	125 Bonnie Lane	Syva	NC	28779	USA	8285861962 ext 221	<a href="http://www.regiona.org/area-agency-on-aging/">http://www.regiona.org/area-agency-on-aging/</a>
Southwestern Commission Area Agency on Aging	125 Bonnie Ln	Syva	NC	28779	USA	828 586-1962 ext 217	<a href="http://www.regiona.org/area-agency-on-aging/">http://www.regiona.org/area-agency-on-aging/</a>
Mid-East Commission Area Agency on Aging	1502 N. Market Street, Suite A	Washington	NC	27889	USA	252.9741854	
Cape Fear AAA	1480 Harbour Dr	Wilmington	NC	28403	USA	910-395-4553	
Coos County RSVP	610 Sullivan Street	Berlin	NH	03573	USA	(603) 752-4103	
Bethlehem Public Library	2245 Main Street	Bethlehem	NH	03574	USA		
Indian Stream Health Center- NH	141 Corliss Ln	Colebrook	NH	03576	USA	603-237-8336	
North County Community Recreation Center (NCCRC)		Colebrook	NH		USA	603-237-4019	
Community Action Program Belknap-Merrimack Counties, Inc.	Concord, NH 03302, USA	Concord	NH	03302	USA	(603) 225-2695	
Concord Regional Visiting Nurse Association	30 Pillsbury St	Concord	NH	03301	USA	603 230-5681	<a href="http://www.crvna.org/">http://www.crvna.org/</a>
Foundation for Healthy Communities, NH Hosp Assoc		Concord	NH		USA	603-415-4271	
Granite State YMCA	116 Goffstown Back Rd	Goffstown	NH	03045	USA	(603) 497-5186	
Eastman Community Association	25 Rd Round the Lake	Grantham	NH	03753	USA	(603) 329-3726	
Keene Senior Center	70 Court St	Keene	NH	03431	USA	(603) 352-5037	
Center Community Building Association		Lebanon	NH	03766	USA	603-448-6477	
Dartmouth Hitchcock Aging Resource Center		Lebanon	NH	03766	USA	603 653 3460	
Dartmouth-Hitchcock Clinic & Mary Hitchcock Memorial Hospital	One Medical Center Drive	Lebanon	NH	03756	USA	603-653-1826	<a href="http://www.dartmouth-hitchcock.org">http://www.dartmouth-hitchcock.org</a>
Grafton County Senior Citizens Council	10 Campbell Street	Lebanon	NH	03766	USA	(603) 448-4897	
The Dartmouth Centers for Health and Aging	46 Centerra Parkway	Lebanon	NH	03766	USA		
Lyme Congregational Church	1 Dorchester Rd	Lyme	NH	03768	USA	(603) 795-2650	
Eliot Health System, Eliot Senior Health Center		Manchester	NH		USA	603-663-7011	
Franklin Pierce University	670 North Commercial Street	Manchester	NH	03101	USA	603-398-0229	
St. Joseph Community Services, Inc.	395 Daniel Webster Highway	Merrimack	NH	03054	USA	603-424-2100	
St. Joseph Community Services, Inc.	395 Daniel Webster Highway	Merrimack	NH	03054	USA	(603) 424-9967	
Center for Physical Therapy and Exercise	522 Amherst St	Nashua	NH	03063	USA	603-880-4448	
Southern New Hampshire Medical Center	29 Northwest Blvd	Nashua	NH	03063	USA	603-575-9798	
Chaplin Senior Center		New London	NH	03257	USA	603-526-6388	
Lake Sunapee Visiting Nurses Association		New London	NH	03257	USA	603 526 4077	
New London Hospital		New London	NH	03257	USA	603-526-5256	
Gibson Center for Senior Services		North Conway	NH		USA	603-356-3231	
Memorial Hospital	3073 White Mountain Hwy	North Conway	NH	03860	USA	603 356-5461 Ext. 2291	<a href="http://www.memorialhospitalnh.org/">http://www.memorialhospitalnh.org/</a>
Petri-Baker Community Health		Plymouth	NH	03254	USA	603 536-2322	
Mark Wentworth Home		Portsmouth	NH	03801	USA	603-436-0169	
Cornerstone VNA	178 Farmington Road	Rochester	NH	03867	USA	603-332-1133	
Melissa A. Bulmer		Salem	NH	03079	USA	603-681-3160	
Salem Council on Aging		Salem	NH	03079	USA	603-890-2190	
Salem Senior Center		Salem	NH	03079	USA	603-898-7132	
Senior Helpers of the Greater Seacoast		Stratham	NH		USA	603 583 4580	
Morrison Nursing Home		Whitefield	NH		USA	603-837-2541 ext. 222	
Central NH VNA & Hospice		Wolfeboro	NH		USA	603-569-2729	
Huggins Hospital		Wolfeboro	NH		USA	605-569-7360	
Retired and Senior Volunteer Program of Burlington County NJ- Bordentown		Bordentown	NJ		USA	609-298-0484	
Cumberland County Office on Aging	800 E Commerce St #21	Bridgeton	NJ	08032	USA	(856) 453-2171	
RSVP		Bridgeton	NJ		USA	856-453-2171	
Cape Regional Medical Center	2 Stone Harbor Blvd.	Cape May Court House	NJ	08210	USA	609-465-2658	
RSVP Volunteer Resource Center		Denville	NJ	07834	USA	(973) 784-4900	
Family Connections, Inc.	7 Glenwood Ave.	East Orange	NJ	07017	USA		
PFK for Life Health & Fitness Center	98 James Street	Edison	NJ	08820	USA	732.632.1610	
CentraState Medical Center	901 W. Main St.	Freshhop	NJ	07728	USA		
Bergen County Community Development		Hackensack	NJ		USA	201-336-7237	
Bergen Cty. Div. of Community Development Senior Centers		Hackensack	NJ		USA	201-336-7204	
Monmouth Medical Center	Center for Healthy Living, 500 River Ave.	Lakewood	NJ	08701	USA		

A Matter of Balance

Organization	Address	City	State	Postal Code	Country	Phone	Website
QTAC		Leonia	NJ		USA	646-232-5047	
Lydia H Albuquerque		Livingston	NJ		USA	973-251-2751	
HackensackUMC Fitness & Wellness		Maywood	NJ		USA	551-996-2038	
Middlesex Co Office on Aging		New Brunswick	NJ		USA	(732) 245-2267	
Newark Beth Israel Medical Center	201 Lyons Ave	Newark	NJ	07112	USA	(973) 926-7245	
Newark City Department of Health and Community Wellness	110 William St.	Newark	NJ	07102	USA		
University Hospital	150 Bergen Street	Newark	NJ	07103	USA		
Sussex County Division of Senior Services	1 Spring St.	Newton	NJ	07860	USA	973-579-0555x1222	
Brain Injury Alliance of NJ	825 Georges Rd.	North Brunswick	NJ	08902	USA		
FAMILYConnections, Inc		Orange	NJ		USA	973-675-3817 x 3456	
RSVP of Burlington County	601 Pemberton Browns Mills Rd.	Pemberton	NJ	08068	USA		
Community Planning & Advocacy Council (CPAC)	2500 McClellan Avenue	Pennsauken	NJ	08109	USA	(856) 663-4773	
Progression Phys. Therapy-Princeton	11 State Rd #400	Princeton	NJ	08540	USA	(609) 454-3536	
Cape May County Dept of Aging & Disability Services		Rio Grande	NJ		USA	609-886-2784	
NORWESCAP, Inc.	21 Pine St #101	Rockaway	NJ	07866	USA	(973) 784-4900	
Salem County Office on Aging	98 Market St	Salem	NJ	08079	USA	(856) 339-8622	
Somerset County Office on Aging and Disability Services	27 Warren Street	Somerville	NJ	08876	USA	(908) 704-6339	
Friends of Grace Seniors		Tenafly	NJ		USA	201-541-1200	
New Jersey Department of Health and Senior Services (Division of Aging & Community Services )		Trenton	NJ	08625	USA	800-792-8820	<a href="http://www.state.nj.us/humanservices/doas/services/healthse/index.html">http://www.state.nj.us/humanservices/doas/services/healthse/index.html</a>
NJ Department of Human Services Division of Aging Services	240 W State St	Trenton	NJ	08608	USA	(609) 633-8746	
RSVP Program of Cumberland County		Wendland	NJ		USA	856-606-6696	
All-Care Physical Therapy	67 Lacey Road	Whiting	NJ	08759	USA	(732) 849-9600	
Retired and Senior Volunteer Program of Burlington County NJ-Willingboro		Willingboro	NJ		USA	609-877-0974	
Friends Village		Woodstown	NJ		USA	856-823-0238	
GC/MC	2669 N Scenic Dr	Alamogordo	NM	88310	USA	575-443-7480	
HAAP	6800 Vista del Norte #W2012	Albuquerque	NM	87113	USA	5055588254	
Albuquerque Area Southwest Tribal Epidemiology Center	5015 Prospect Ave NE	Albuquerque	NM	87110	USA	5057640036	
City of Albuquerque	6500 Los Volcanes Rd	Albuquerque	NM	87121	USA	505-767-5990	
First Choice Community Healthcare	2001 N. Centro Familiar Blv. SW	Albuquerque	NM	87105	USA	505-873-7481	
Ilene Dunn Services	2001 GOLD AVE SE APT 5	ALBUQUERQUE	NM	87106	USA	5059900282	
International Association for Indigenous Aging	4220 Indian Springs NE	Albuquerque	NM	87019	USA	505-239-4793	
La Vida Uena	110501 Lagrima de Oro Road NE	Albuquerque	NM	87111	USA	505-385-8384	
Presbyterian Health Services	6301 Forstner Hills Dr. NE	Albuquerque	NM	87109	USA	(505) 823-8312	
Carlsbad Physical Therapy	128 S. Canyon	Carlsbad	NM	88220	USA	575-628-0503	
Rio Arriba County		Espanola	NM		USA	505-753-6663	
Rio Arriba County Health and Human Services	1101 Industrial Park Road	Espanola	NM	87532	USA	505-747-7780	
San Juan Regional Medical Center Rehabilitation Outpatient Center	301 S Auburn	Farmington	NM	87401	USA	505-609-6575	
Pueblo of Isleta Elder Center	70 Box 1270	Isleta	NM	87022	USA	505-869-9770	
Mary Peschka	4473 Galisteo Loop	Las Cruces	NM	88011	USA	5753127773	
Southern Area Health Education Center	4003 Geothermal Dr	Las Cruces	NM	88011	USA	575-646-2087	<a href="http://soahec.nmsu.edu/">http://soahec.nmsu.edu/</a>
HomeTherapy Solutions, DBA	61 Santa Ana Loop	Placitas	NM	87043	USA	505-400-9046/505-867-5325	
Fort Bayard Medical Center	41 Fort Bayard Road	Santa Clara	NM	88026	USA	575-537-8741	
La Familia Medical Center	1035 Alto Street	Santa Fe	NM	87503	USA	505-92-4425 ext 1429	
Pivotal Consulting	1070 Calle Largo	Santa Fe	NM	87501	USA	5103324873	
Sierra Joint Office on Aging		Truth or Consequences	NM		USA	575-894-3045	
Reno-Sparks Indian Colony		Reno	NV		USA	775-329-5162 x1927	
St Regis Mohawk Health Services		Albany	NY		USA	518-358-3141 x201	
Center for Excellence in Aging & Community Wellness		Albany	NY	12222	USA	(518) 442-5832	
QTAC - NY		Albany	NY		USA	877-496-2780	
Catholic Charities Bayside Senior Center		Bayside	NY		USA	718-225-1144	
Dutchess County Office for the Aging	33 Tilden Avenue	Beacon	NY	12508	USA	914-474-4090	
Andrew Jackson Senior Center		Bronx	NY		USA	718 585-1640	
Presbyterian Senior Services		Bronx	NY		USA	718 585-1640	
Catholic Charities Neighborhood Services Inc.		Brooklyn	NY	11229	USA	718-309-5279	<a href="http://www.ccbq.org/">http://www.ccbq.org/</a>
Erie County Department of Senior Services	3677 Nostrand Ave #3a	Buffalo	NY		USA	716-858-6975	
Cortland County Area Agency on Aging		Cortland	NY		USA	607 753-5057	
Delaware County Office for the Aging		Delhi	NY		USA	607 746-6333	
Delaware County Public Health		Delhi	NY		USA	607 832-3200	
Chemung Volunteer Action Corps		Elmira	NY		USA	607 734-4481 or 607 734-4453	
Rockaway Manor Home Care		Far Rockaway	NY		USA	516 239-8693 x209	
Queens Community House- Pomonok Center		Flushing	NY		USA	718-591-3377	
Selfhelp Innovative Senior Center-Benjamin Rosenthal-Prince Street Senior Center		Flushing	NY		USA	718-886-5777	
Queens Community House-Forest Hills	108-25 62nd Dr	Forest Hills	NY	11375	USA	(718) 592-5757x237	
Catholic Charities Neighborhood Services- Levittown		Levittown	NY		USA	718-847-9200	
ARC XVI Fort Washington, Inc.		New York	NY		USA	212-781-8840	
Columbia University Medical Center, Mailman School of Public Health		New York	NY		USA	212 342-0169	
COTHOA Luncheon Club, Inc.		New York	NY		USA	212-781-6580	
Council of Senior Centers and Services		New York	NY		USA	212 398-6565 x 235	
Educational Alliance Co-op Village NORC		New York	NY		USA	646-395-4505	
Health Outreach of New York-Presbyterian Hospital		New York	NY		USA	212-746-4351	
Jewish Home Lifecare		New York	NY		USA	718-367-1125	
Lighthouse Guild	250 West 64th St 5th Floor	New York	NY	10023	USA	917-386-9837	
LiveOn NY	49 West 45th St	New York	NY	10036	USA	(212) 398-6565	
NYPH-Allen Hospital		New York	NY		USA	347-931-1899	
ProAction Yates Offc for the Aging	417 Liberty St #1116	Penn Yan	NY	14527	USA	(315) 536-5515	
Altra Senior Living Group		Plainville	NY		USA	516-207-2560	
Rockland County Department of Health	50 Sanatorium Rd #38	Pomona	NY	10970	USA	(845) 364-3839	
Rockland County Dept of Health	50 Sanatorium Road	Pomona	NY	10970	USA	845-364-2651	
Dutchess County Office for the Aging		Poughkeepsie	NY		USA	845-486-2555	
Queens Community House- Rego Park		Rego Park	NY		USA	718-896-8511	
Eldersource-NY	1900 Clinton Ave S	Rochester	NY	14618	USA		<a href="http://www.eldersource.org/">http://www.eldersource.org/</a>
Home Helpers of Rochester		Rochester	NY		USA	585-334-0999	
Lifespan of Greater Rochester	1900 Clinton Ave S	Rochester	NY	14618	USA	(585)287-6355	
Lifespan of Greater Rochester	1900 South Clinton Avenue	Rochester	NY	14618	USA	(585) 244-8400 x219	
Richmond University Medical Center		Staten Island	NY		USA	718-818-2107	
Allegheny Western Steuben Rural Health Network	85 N Main St	Wellsville	NY	14895	USA	(585)993-5223	
Ardent Solutions, Inc.	85 N Main St #4	Wellsville	NY	14895	USA	(585) 993-5223	<a href="http://www.ArdentNetwork.org">www.ArdentNetwork.org</a>
Summa Health System, Akron City Trauma Services	35 Arch St. #2-D	Akron	OH	44304	USA	330-375-7069	
Evi-Base, LLC	32376 Lake Road	Avon Lake	OH	44012	USA	216-215-2230	<a href="http://www.evi-base.com">www.evi-base.com</a>
Goodwill Easter Seals Miami Valley- Beavercreek		Beavercreek	OH		USA	937 912-0320	
AAA Region 9		Byesville	OH		USA	800-932-7277 x4704	
Area Agency on Aging Region 9, Inc.	1730 Southgate Parkway	Cambridge	OH	43725	USA	740-435-4912	<a href="https://aging.ohio.gov/resources/publications/HealthyUCalendar.pdf">https://aging.ohio.gov/resources/publications/HealthyUCalendar.pdf</a>
Aultman Hospital	2600 6th St. SW	Canton	OH	44710	USA	330-363-8827	
Geauga County Department on Aging	12555 Ravenwood Dr	Chardon	OH	44024	USA	440-279-2130	<a href="http://www.co.geauga.oh.us/Departments/Aging">http://www.co.geauga.oh.us/Departments/Aging</a>
Cincinnati Recreation Commission	805 Central Ave. Suite 800	Cincinnati	OH	45202	USA	5133524022	
Cincinnati VA Medical Center		Cincinnati	OH		USA	513 861-3100, x 5298	
Council on Aging of Southwestern Ohio	Council on Aging of Southwestern Ohio	Cincinnati	OH	45246	USA	513-226-1585	
Council on Aging of Southwestern Ohio Inc.	175 Tri County Pkwy	Cincinnati	OH	45246	USA		
Destination Home LLC	2542 Erie Ave	Cincinnati	OH	45208	USA	(513) 276-0515	
Hamilton County Public Health	250 William Howard Taft Rd	Cincinnati	OH	45219	USA	(513) 946-7807	
Mayerson Jewish Community Center		Cincinnati	OH		USA	513-792-5654	
Fairhill Partners	12200 Fairhill Rd	Cleveland	OH	44120	USA	216-421-1350 ext 111	<a href="http://fairhillpartners.org/eventscat/category/take-charge-of-your-health/">http://fairhillpartners.org/eventscat/category/take-charge-of-your-health/</a>
The MetroHealth System	2500 MetroHealth Drive #144A	Cleveland	OH	44109	USA	2167781093	
Franklin County & Columbus Medical Reserve Corps	280 E. broad St.	Columbus	OH	43215	USA	6145232018	
Grant Medical Center		Columbus	OH		USA	614-566-9301	
Home Care by Black Stone/Almost Family	445 Hutchinson Drive	Columbus	OH	43235	USA	614 227 6952	
Medical Reserve Corps	477 S. Napoleon Ave	Columbus	OH	43213	USA	614-596-7960	
Ohio Department of Aging, State of Ohio	246 N. High Street, 1st Floor	Columbus	OH	43215	USA	614-466-1222	<a href="http://www.aging.ohio.gov/resources/publications/HealthyUCalendar.pdf">http://www.aging.ohio.gov/resources/publications/HealthyUCalendar.pdf</a>
Ohio Health Community Outreach	180 E Broad St	Columbus	OH	43215	USA	(614) 544-4332	
Ohio Health Grant Medical Center Trauma Services	111 S Grant Ave #350	Columbus	OH	43215	USA	(614) 566-9000	
Premier Care		Columbus	OH		USA	419-744-9411	
Area Agency on Aging, PSA 2	40 West 2nd St. Ste 400	Dayton	OH	45402	USA	937-341-3005	<a href="https://aging.ohio.gov/resources/publications/HealthyUCalendar.pdf">https://aging.ohio.gov/resources/publications/HealthyUCalendar.pdf</a>
Goodwill Easter Seals Miami Valley- Dayton		Dayton	OH		USA	937 912-0049	

A Matter of Balance

Organization	Address	City	State	Postal Code	Country	Phone	Website
Kettering Medical Center Sycamore	4428 Indian Ripple Rd	Dayton	OH	45440	USA	(937) 384-4884	
Miami Valley Hospital - Injury Prevention Center	1 Wyoming Street	Dayton	OH	45409	USA	937-208-3196	
PHD of Dayton and Montgomery Co	1117 S Main St	Dayton	OH	45422	USA	(937) 225-6078	
Delaware County General Health District		Defiance	OH		USA	419 719-8418	
Delaware General Health District	3 W Winter St	Delaware	OH	43015	USA	(740) 203-2086	
SourcePoint	800 Cheshire Rd	Delaware	OH	43015	USA	(740) 203-2439	
Brookdale Home Health	5955 Wilcox Place	Dublin	OH	43016	USA	614-230-4125	
Preble County Council on Aging		Eaton	OH		USA	937 456-4847	
Colonial		Hamilton	OH		USA	513 896-8086	
Partners in Prime		Hamilton	OH		USA	513 867-1998 x352	
Evi-Base Community Care	4807 Rockside Rd #740	Independence	OH	44131	USA	216.215.2230	
Family & Community Services- Kent		Kent	OH		USA	330-677-3939	
Area Agency on Aging 3	892 S Cable Rd	Lima	OH	45805	USA	(419) 222-7273	
Madison Senior Living Community	351 Keny Blvd	London	OH	43140	USA	740/845-0145	
Manifield-Ontario-Richland County Health Dept.		Manifield	OH		USA	419-714-6343	
MedCentral Health & Fitness Center		Mansfield	OH		USA	419-526-8802	
Buckeye Hills-Hocking Valley Regional Development District	1400 Pike St	Marietta	OH	45750	USA		
Marietta Memorial Hospital	401 Matthew Street	Marietta	OH	45750	USA	740-376-1924	
Heartland of Marysville		Marysville	OH		USA	614 270-9705	
Holmes Co. General Health District		Millersburg	OH	44654	USA	330-674-2035	
Holmes County General Health District	85 N. Grant St. Suite B	Millersburg	OH		USA	330 674-2035	
Area Agency on Aging 11, Inc.		Niles	OH	44446	USA	330 469-1386	<a href="https://aging.ohio.gov/resources/publications/HealthyUCalendar.pdf">https://aging.ohio.gov/resources/publications/HealthyUCalendar.pdf</a>
Mercy Medical Center	6200 Whipple Ave	North Canton	OH	44720	USA	330-966-8997	
Ohio District 5 Area Agency on Aging Inc.	2131 Park Ave W	Ontario	OH	44906	USA	(819) 524-4144	
Putnam County Council on Aging		Ottawa	OH		USA	419-523-4121	
Putnam County Health Department		Ottawa	OH		USA	419-523-6698	
Lake County General Health District	33 Mill St	Prainesville	OH	44077	USA	(440) 350-2442	
Family and Community Services Inc	705 Oakwood St #224	Ravenna	OH	44266	USA	(330) 297-8770	
Area Agency on Aging District 7	160 Dorsey Drive	Rio Grande	OH	45674	USA	800-582-7277 ext. 22284	
Area Agency on Aging District 7, Inc.	F32-URG, PO Box 500	Rio Grande	OH	45674	USA	(800) 582-7277	<a href="http://aging.ohio.gov/resources/publications/HealthyUCalendar.pdf">http://aging.ohio.gov/resources/publications/HealthyUCalendar.pdf</a>
Erie County Health Department	420 Superior St.	Sandusky	OH	44870	USA	4196205523	
Erie County Health Dept		Sandusky	OH		USA	419 626-5623 x198	
Catholic Social Services of the Miami Valley/Northern Counties		Sidney	OH		USA	937 498-4593	
The Ohio State University	101 North Market Street	St. Clairsville	OH	43950	USA	740-695-1455	
Area Office on Aging of Northwestern Ohio Inc.	2155 Arlington Ave	Toledo	OH	43609	USA	419-382-0624	
Mercy St. Vincent Medical Center		Toledo	OH		USA	419 251-2320	
ML Hum Senior Center, Inc.		Toledo	OH		USA	419 385-2595	
ProMedica Toledo Hospital/Trauma Services		Toledo	OH		USA	419 291-5853	
Akron/Canton Area Agency on Aging	1550 Corporate Woods Pkwy	Uniontown	OH	44685	USA	330 899-5322	
Direction Home Akron Canton Area Agency on Aging (108)		Uniontown	OH	44685	USA	(330) 899-5227	
Auglaize County Health Dept	214 S Wagner Ave	Wapakoneta	OH	45895	USA	(419) 738-3410	
Escliman Physical Therapy, LLC		Warren	OH	44483	USA	330 372-8000	
Area Agency on Aging District 7, Inc.		Wheelerburg	OH	45694	USA	1-800-582-7277 ext. 21-223	
Genesis HealthCare Systems	8058 Ohio River Rd.	Zanesville	OH	45694	USA	740 455-7659	
Muskingum County Center for Seniors		Zanesville	OH		USA	740 454-9761	
Senior Star		Tulsa	OK		USA	918-301-3359	
UR Lifecore Portland		Portland	OR		USA	503 221-1224	
ThinkFit Oregon		Portland	OR		USA	503-494-3333	
Salem Health Community Education Center		Salem	OR		USA	503-814-2432	
Salem Hospital	890 Oak St SE	Salem	OR	97301	USA	503-814-1580	
Allentown Health Bureau	245 N 6th St	Allentown	PA	18102	USA	(610) 437-7598	
Allentown Health Bureau	245 N 6th St	Allentown	PA	18101	USA	6104377598	
American Lung Association in PA	2200 W. Hamilton St.	Allentown	PA	18104	USA	610-253-5060 ext 243	
Lehigh Valley Health Network- Allentown		Allentown	PA		USA	610-403-6097	
Bethlehem Health Bureau		Bethlehem	PA	18018	USA	(610) 865-7083	
Healthcheck, St Lukes Hospital		Bethlehem	PA		USA	610-954-6471	
St. Luke's University Health Network		Bethlehem	PA		USA	484 526-2214	
Clearfield County Area Agency on Aging	103 North Front Street	Clearfield	PA	16830	USA	814-765-2696	
St. Luke's Hospital, Minors Campus		Coaldale	PA		USA	570 645-1811	
Coatesville Area Senior Center		Coatesville	PA		USA	610 383-6900	
Geisinger Medical Center		Danville	PA		USA	570 271-7149	
Heritage Senior Center		Dover	PA	17315	USA	717 292-7471	
Chester County Health Dept. - Downingtown		Downingtown	PA		USA	610 742-7396	
Northampton County AAA		Easton	PA		USA	610-599-3743	
Erie County Department of Health	606 W 2nd St	Erie	PA	16507	USA	(814) 451-6703	
Erie County Department of Health	606 West 2nd Street	Erie	PA	16507	USA	814-451-6543	
LifeWorks	406 Peach St	Erie	PA	16507	USA	814-459-4132	
LifeWorks Erie	2253 West Grandview	Erie	PA	16506	USA	814-454-2831	
Robert Packer Hospital		Gillett	PA		USA	570 887-6907	
Colonial Woods		Glenmoore	PA		USA	610 942-4242	
Grove City Medical Center		Grove City	PA		USA	724 456-1169	
Hanover Hospital		Hanover	PA	17331	USA	717 316-6849	
North Penn YMCA	890 Maple Ave	Harleysville	PA	19438	USA	(215) 723-3569	
Harrisburg Area YMCA/ East Shore Branch YMCA		Harrisburg	PA		USA	(717) 232-9622	
Pennsylvania Department of Health	625 Forster St	Harrisburg	PA	17120	USA	717-547-2444	
Conecough Health System	320 Main Street	Johnstown	PA	15901	USA	814-534-6800	
Conecough Memorial Medical Center	1450 Scalp Ave #120	Johnstown	PA	15904	USA	814-269-5241	
Richard G Snyder YMCA	1150 North Water Street	Kittanning	PA	16201	USA	7245459622	
Richard G Snyder YMCA		Kittanning	PA		USA	724-545-9622	
Have Better Balance		Lancaster	PA		USA	(715) 410-8013	
St Mary Medical Center- Langhorne, PA		Langhorne	PA		USA	215-710-2350	
Montgomery County Aging and Adult Services		Lansdale	PA		USA	610-363-7911	
Blue Mountain Home Health Center		Lehighton	PA		USA	(610) 377-7156	
Saint Francis University		Loretto	PA		USA	814-472-3183	
Bryn Mawr Rehab - Main Line Health	414 Paoil Pike	Malvern	PA	19348	USA	484-596-5259	
Mercer County Behavioral Health Commission	8406 Sharon-Mercer Rd	Mercer	PA	16137	USA	(724) 662-1550	
Montgomery County Health Department	1430 DeKalb St	Norristown	PA	19401	USA	610 278-1167/82	
Montgomery County Health Department	1430 DeKalb St	Norristown	PA	19404	USA	6102785117	
Independent Contractor		North Wales	PA		USA	215-699-3254	
Longwood at Home		Oakmont	PA		USA	412-826-6100	
Main Line Hospitals, Inc. and Riddle Memorial Hospital		Paoli	PA		USA	610-644-7843	
City of Philadelphia Health Dept		Philadelphia	PA		USA	215-685-2322	
Penn Presbyterian Medical Center		Philadelphia	PA		USA	215 663-9378	
Philadelphia Corporation For Aging	642 N Broad St	Philadelphia	PA	19130	USA	215-765-9000x5118	
Allegheny County Health Department	807 Wallace Ave	Pittsburgh	PA	15221	USA	4122477967	
Persad Center, Inc.	5301 Butler St	Pittsburgh	PA	15201	USA	412-441-9786 ext. 310	
Clinical Outcomes Group, Inc.	437 N Centre St	Pottsville	PA	17901	USA	(570) 628-6990	
Berks Encore		Reading	PA	19601	USA	(610) 374-3195	
Family Caregivers Network	40 N 9th St	Red Hill	PA	19601	USA	215-541-9030	
Red Lion Area Senior Center, Inc.		Red Lion	PA		USA	717 244-7229	
Geisinger Community Medical Center		Scranton	PA		USA	570 768-8123	
LIFE Geisinger	2300 Adams Ave	Scranton	PA	18509	USA	(570) 558-6160	
Shrewsbury Lutheran Retirement Village		Shrewsbury	PA	17361	USA	717 227-3000x6202	
Centre LifeLink EMS	125 Puddinstown Rd - PO Box 272	State College	PA	16801	USA	8142178163	<a href="http://www.centrelifelink.com/">http://www.centrelifelink.com/</a>
Centre LifeLink EMS Inc.	PO Box 272	State College	PA	16804	USA	(814) 237-8163	<a href="http://www.centrelifelink.com/">http://www.centrelifelink.com/</a>
Aria Hospital Torresdale Campus, Physical Med. & Rehab		Treove	PA		USA	215 570-9664	
Lehigh Valley Health Network- Wescosville		Wescosville	PA		USA	484-515-5061	
Chester County Department of Aging- West Chester		West Chester	PA		USA	610 344-4711	
Neighborhood Health Agency		West Chester	PA		USA	610-686-8312 ext. 113	
Area Agency on Aging for Luzerne-Wyoming Counties	111 N. Pennsylvania Blvd.	Wilkes-Barre	PA	18701	USA	570-822-1158	
Geisinger Wyoming Valley Medical Center		Wilkes-Barre	PA		USA	570 808-5356	<a href="http://www.aginghw.org">http://www.aginghw.org</a>
City of York- Bureau of Health	101 S. George St	York	PA	17401	USA	7178456532	
City of York-Health Bureau		York	PA		USA	717 846-6730	



**A Matter of Balance**

Organization	Address	City	State	Postal Code	Country	Phone	Website
Lancaster General Health		York	PA		USA	717 544-5368	
Bayside YMCA	70 West St	Barrington	RI	02806	USA	401-245-2444	
Cranston Department of Senior Services		Cranston	RI		USA	401-780-6243	
Rhode Island Parent Information Network		Cranston	RI		USA	401-412-7003	
East Bay Community Action Program	610 Waterman Avenue	East Providence	RI	02914	USA	401-435-7876	
East Bay Community Action Program		East Providence	RI		USA	401-261-0550	
Blackstone Valley Community Action Program		Pawtucket	RI		USA	401-723-4520 x 275	
Blackstone Valley Community Action Program One World * Un Mundo		Providence	RI		USA	401-935-8050	
Blue Cross & Blue Shield of Rhode Island	500 Exchange St	Providence	RI	02903	USA	401-448-2342	
Cranston Senior Center		Providence	RI		USA	401-780-6180	
Federal Hill House Association	9 Courtland St	Providence	RI	02909	USA	(401) 421-4722	
Performance Physical Therapy		Smithfield	RI		USA	401 726-7100	
Senior Solutions- SC	3420 Clemson Blvd #17	Anderson	SC	29621	USA	(864) 225-3370	
Lowcountry Senior Center	865 Riverland Dr	Charleston	SC	29412	USA	(843) 762-9555	<a href="http://www.lowcountryseniorcenter.org/">http://www.lowcountryseniorcenter.org/</a>
Medical University of South Carolina	295 Calhoun St	Charleston	SC	29425	USA	843-732-1088	
Clemson University Institute for Engaged Aging	535A Edwards Hall	Clemson	SC	29634	USA	864-656-4442	
Lieutenant Governor's Office on Aging	1301 Gervais St #200	Columbia	SC	29201	USA	803-734-9889	
Darlington County Council on Aging	402 Pearl St	Darlington	SC	29532	USA	843-393-8521	
Senior Citizens Association of Florence County	600 Senior Way	Florence	SC	29505	USA	843-669-6761	
Lutheran Homes of South Carolina Inc.	300 Ministry Dr	Irmo	SC	29063	USA	(843) 375-5008	
McCormick County Senior Center	1421 S Main St	McCormick	SC	29835	USA		
Frankie At Seaside-Lutheran Homes		Mt Pleasant	SC		USA	843-375-5008	
Newberry County Council on Aging	1300 Hunt St	Newberry	SC	29108	USA		
Senior Ctrs of Spartanburg Co Inc	764 N Church St	Spartanburg	SC	29303	USA	(864) 562-4291	
The Heritage at Lowman-Lutheran Homes		White Rock	SC		USA	803-451-7432	
Benton Co. Office on Aging		Camden	TN		USA	731-584-4101	
Behold Senior Activity Center		Chattanooga	TN		USA	423-771-7568	
Chattanooga-Hamilton County Health Department		Chattanooga	TN		USA	423-209-8203	
City of Chattanooga Youth and Family Development Department		Chattanooga	TN		USA	423-504-6260 423-697-1320	
Erlanger Hospital		Chattanooga	TN		USA	423-778-5620 423-847-5208	
Partnership for Families, Children and Adults		Chattanooga	TN		USA	423-755-2726	
Southeast Tennessee Area on Aging & Disability		Chattanooga	TN		USA	423-424-2388	
Southside Community Health Center		Chattanooga	TN		USA	423-778-2722	
Time for Tai Ji, LLC		Chattanooga	TN		USA	423-821-8947	
Life Care Centers of America		Cleveland	TN		USA	810-252-3879	
Life Care Center of East Ridge		East Ridge	TN		USA	423-499-3922	
Life Care Center of Hixson		Hixson	TN		USA	423-842-0409	
TN Dept of Health-EMS Division		Nashville	TN		USA	615-532-7778	
Ridgeview Terrace - Life Care Centers		Rutledge	TN		USA	865-828-5295	
Hardin-Simmons University, Dept. of Physical Therapy		Ableene	TX		USA	325-670-5828	
North Central Texas AAA		Ableene	TX		USA	325-793-8417	
Alcom Systems, LLC		Amarillo	TX		USA	806-352-2233	
Area Agency on Aging of the Panhandle		Amarillo	TX		USA	806-321-2222	
Texas A&M AgriLife Extension Service		Amarillo	TX		USA	806-677-5600	
Community Health Training Institute		Arlington	TX		USA	214-801-8399	
North Central Texas Council of Governments		Arlington	TX		USA	817-739-7511	
North Central Texas Council of Governments AAA	616 Six Flags Drive	Arlington	TX	76005	USA	(817) 640-7806	<a href="http://www.nctcog.org/">http://www.nctcog.org/</a>
ETMC Athens		Athens	TX		USA	903-675-8927	
Area Agency on Aging of the Capital Area	6800 Burleson Road	Austin	TX	78744	USA	512-916-6041	<a href="http://www.aacap.org">www.aacap.org</a>
Austin Groups for the Elderly		Austin	TX		USA	512-423-1753	
CAPCOG (self-employed)		Austin	TX		USA	512-791-6597	
Capital Area Council of Governments	6800 Burleson Rd	Austin	TX	78744	USA	512-916-6180	
DADS/AAoA of the Capital Area		Austin	TX		USA	512-438-4283	
Family Eldercare		Austin	TX		USA	512-797-4008	
Area Agency on Aging of Central Texas- Belton	2180 N Main St	Belton	TX	76513	USA	254-770-2356	<a href="http://www.centraltexasadvrc.org">www.centraltexasadvrc.org</a>
CTAAA & Disability Resource Center		Belton	TX		USA	254-770-2339	
Brazos Valley Council of Governments Area Agency on Aging	3991 E. 29th St	Bryan	TX	77802	USA	979-595-2800	<a href="http://www.bvccog.org/">http://www.bvccog.org/</a>
TAMHSC College of Nursing/Brazos Valley AAA		Bryan	TX		USA	979-436-0149	
Texas A&M Health Science Center College of Nursing		Bryan	TX		USA	979-676-5513	
Texas A&M University College of Nursing	8447 Riverside Parkway	Bryan	TX	77807	USA	979-436-0135	
BVCOG		Caldwell	TX		USA	979-567-3628	
ETMC-Carthage		Carthage	TX		USA	903-694-4881	
Brazos Valley- College Station		College Station	TX		USA	979-458-2237	
Texas A&M Center for Population Health and Aging	1266 TAMU	College Station	TX	77843	USA	979-436-9336	<a href="http://tamhsc.edu/">http://tamhsc.edu/</a>
Area Agency on Aging of the Coastal Bend		Corpus Christi	TX		USA	(361) 893-3935	
Community Council of Greater Dallas/Dallas AAA	1349 Empire Central Dr., Ste 400	Dallas	TX	75247	USA	214-954-4223	<a href="http://www.ccgd.org/seniors/daaa.html">http://www.ccgd.org/seniors/daaa.html</a>
Bienivir Senior Health Systems		El Paso	TX		USA	915-494-4665	
Rio Grande Council of Governments Area Agency on Aging	8037 Lockheed Drive, Suite 100	El Paso	TX	79925	USA	915-533-0998	<a href="http://www.riocog.org/">http://www.riocog.org/</a>
ETMC-Fairfield		Fairfield	TX		USA	903-389-1614	
Senior Citizen Services of Greater Tarrant Co. Inc./Tarrant County AAA		Fort Worth	TX		USA	817-413-4949 ex 223	
Tarrant County Public Health	1101 S. Main St Ste 2417	Fort Worth	TX	76104	USA	817-321-4976 x8663	<a href="http://access.tarrantcounty.com/en/public-health.html">http://access.tarrantcounty.com/en/public-health.html</a>
Texas Health-Fort Worth		Fort Worth	TX		USA		
United Way of Tarrant County AAA	1500 N Main St Suite 200	Fort Worth	TX	76114	USA	817-258-8085	<a href="http://unitedwaytarrant.org/aaac/">http://unitedwaytarrant.org/aaac/</a>
Combined Community Action, Inc.		Giddings	TX		USA	979-540-2999	
ETMC-Gilmer		Gilmer	TX		USA	903-841-7173	
ETMC-Henderson		Henderson	TX		USA	903-655-3912	
City of Houston - Area Agency on Aging		Houston	TX		USA	832-393-5214	
Harris County Area Agency on Aging		Houston	TX		USA	832-393-4393	
Harris Health Systems		Houston	TX		USA	713 873-3808	
Houston-Galveston Area Council	3555 Timmons Lane, Suite 120	Houston	TX	77027	USA	832-681-2575	<a href="https://www.h-gac.com/">https://www.h-gac.com/</a>
ETMC-Jacksonville		Jacksonville	TX		USA	903-541-5450	
Deep East Texas Council of Governments - Area Agency on Aging Deep East Texas	Premier Dr	Jasper	TX	75951	USA	1.800.356.6848	<a href="http://www.detcog.org">www.detcog.org</a>
Area Agency on Aging of East Texas		Kilgore	TX		USA	903-984-8641 x214	
Lake Jackson EMS	10 Oak Dr. Ste. B	Lake Jackson	TX	77566	USA	9794152714	
South Texas Development Council		Laredo	TX		USA	956-722-3995	
Home Helpers		Lewisville	TX		USA	972-318-5054	
Cakent Home Health Care/SPAG AAA		Lubbock	TX		USA	806-712-1110	
University Medical Center	602 Indiana Avenue	Lubbock	TX	79415	USA	(806) 775-9315	
University Medical Center		Lubbock	TX		USA	806 775-9315	
Brazos Valley- Madisonville		Madisonville	TX		USA	936-348-5060	
Area on Aging of the Coastal Bend- Mathis		Mathis	TX		USA	361-443-6276	
Lower Rio Grande Valley Area Agency on Aging		McAllen	TX		USA		
AAA of the Permian Basin Regional Planning Commission/Political Subdivision of TX	2910 La Ferre Blvd	Midland	TX	79706	USA	956-682-3481x119	
Area Agency on Aging	2910 LaFerre Blvd	Midland	TX	79711	USA	432-563-1061	<a href="http://www.pbrpc.org/">www.pbrpc.org/</a>
Area on Aging of the Coastal Bend- Odem		Odem	TX		USA	361-443-0601	
ETMC-Pittsburg		Pittsburg	TX		USA	903-946-5473	
ETMC-Qutman		Qutman	TX		USA	903-763-6320	
Tejas Health Management	893 N Interstate Hwy 35	Round Rock	TX	78664	USA	(512) 279-9374	<a href="http://tejashma.org">http://tejashma.org</a>
Texas A&M University	3950 North A.W. Grimes Blvd	Round Rock	TX	78665	USA	5123414912	
AACOG, Alamo AAA		San Antonio	TX		USA	210-362-5240	
Alamo/Bexar Area Agency on Aging	8700 Tesoro Dr	San Antonio	TX	78217	USA	(210) 918-1279	<a href="https://www.aacog.com/index.aspx?nid=108">https://www.aacog.com/index.aspx?nid=108</a>
Bexar Area Agency on Aging	8700 Tesoro Dr #700	San Antonio	TX	78217	USA	210-362-5220 ext 220	<a href="https://www.aacog.com/index.aspx?nid=108">https://www.aacog.com/index.aspx?nid=108</a>
San Antonio Oasis	PO Box 291010	San Antonio	TX	78229	USA	2102865994	
San Antonio Parks and Recreation		San Antonio	TX		USA	210-207-5380	
South Texas Veterans Healthcare System		San Antonio	TX		USA	210-617-5109	
Texoma Council of Governments/AAA		Sherman	TX		USA	903-813-3575	
Area Agency on Aging of Central Texas- Temple		Temple	TX		USA	254-770-2356	
ETMC-Trinity		Trinity	TX		USA	936-744-1138	
ETMC-EMS		Tyler	TX		USA	903-621-4955	
Golden Crescent Area Aging on Aging	1514 S New Rd	Victoria	TX		USA	361-578-1587, x 226	
Area Agency on Aging of the Heart of Texas		Waco	TX	76711	USA	254-292-1840	<a href="http://www.hotcog.org/pages/Area%20Agency%20on%20Aging.aspx">http://www.hotcog.org/pages/Area%20Agency%20on%20Aging.aspx</a>
Heart of Texas Council of Governments		Waco	TX		USA	254-741-1621	
Area Agency on Aging of North TX/NRPC		Wichita Falls	TX	76307	USA	(940) 322-5281	

**A Matter of Balance**

Organization	Address	City	State	Postal Code	Country	Phone	Website
Marymount University	2807 N Glebe Rd	Arlington	VA	22207	USA		
NCOA National Falls Prevention Resource Center		Arlington	VA		USA	517-527-3996	
Mountain Empire Older Citizens, Inc.	1501 3rd Avenue East	Big Stone Gap	VA	24219	USA	276-523-4202	
Meury River Senior Center	2137 Magnolia Ave	Buena Vista	VA	24416	USA	5402637474	
Senior Center		Charlottesville	VA		USA	434-974-7756	
Tai Chi For Health Institute	1112 Estaline Valley Road	Craigsville	VA	24430	USA	540-255-8356	
Danville Parks & Recreation	760 West Main Street	Danville	VA	24541	USA	434-799-5216	
Commonwealth Assisted Living at Hampton		Hampton	VA		USA	757-826-3728	
DAHS	1610 Forest Avenue	Henrico	VA	23229	USA	804-663-9340	
HQI-Health Quality Innovators	9830 Maryland Drive, Ste J	Henrico	VA	23233	USA	804-289-5306	www.hqi.solutions
Central Va Alliance For Community Living	501 12th Street	Lynchburg	VA	24504	USA	434385-9070	
CVACL	501 12th Street	Lynchburg	VA	24504	USA	4343859070	
District Three Governmental Cooperative	4453 Lee Highway	Marion	VA	24354	USA	2767838157	
Southern Area Agency on Aging	204 Cleveland Avenue	Martinsville	VA	24112	USA	276-632-6442	http://www.southernmaa.org/
Life Care Centers of America- New Market		New Market	VA		USA	540-740-8041	
Peninsula Agency on Aging, Inc	739 Thimble Shoals Blvd Ste 1006	Newport News	VA	23606	USA	757-933-2608	http://www.paainc.org/
Senior Services of Southeastern Virginia	6350 N Center Dr #101	Norfolk	VA	23502	USA	757-963-9209	https://www.sseva.org/
Senior Connections	24 East Cary Street	Richmond	VA	23219	USA	804-343-3004	http://www.seniorconnections-va.org/
LOA Local Office on Aging	P.O. Box 14205	Roanoke	VA	24038	USA	(540)345-0451	
Morris Eldercare Consulting		Springfield	VA		USA	703-425-6399	
Seniors Healthcare Community Health		Virginia Beach	VA		USA	757-552-7599	
Highland Valley Elder Services	278 Pleasant Valley Rd	Brattleboro	VT	05301	USA	413.537.9922	
Fletcher Allen Healthcare		Burlington	VT		USA	802.847.5468	
Indian Stream Health Center		Canaan	VT		USA	802-266-3340	
Castleton Community Center	2108 Main St	Castleton	VT	05735	USA	(802) 468-3093	
Champlain Valley Agency on Aging	76 Pearl St #201	Essex Junction	VT	05452	USA	(802) 524-8678	www.cvaa.org
Godnick Adult Center		Rutland	VT		USA	802-773-1853	
Council on Aging for Southeastern Vermont	56 Main St #202	Springfield	VT	05156	USA	(802) 885-2655	http://www.seniorsolutionsvt.org/
Senior Solutions		Springfield	VT		USA	802 885-2655	
Area Agency on Aging for Northeastern Vermont	481 Summer St #101	St Johnsbury	VT	05819	USA	(802) 751-0436	
Northeast Kingdom Council on Aging	481 Summer St. Ste. 101	St. Johnsbury	VT	05819	USA	802-751-0431	
Overlake Hospital Senior Care	1035 116th Ave NE	Bellevue	WA	98004	USA	(425) 688-5801	
North Kitsap Medical Center	20700 Bond Rd NE	Poulsbo	WA	98370	USA		
Sound Generations	2208 2nd Ave Ste 100	Seattle	WA	98121	USA	206-448-5725	https://soundgenerations.org/
Aging & Long Term Care of Eastern Washington	1222 N. Post	Spokane	WA	99201	USA	509-458-2509	http://www.altcew.org/
ALTCEW	1222 N Post	Spokane	WA	99201	USA	(509) 458-2509	http://www.altcew.org/
Bay Area Agency on Aging	2900 Curry Ln	Green Bay	WI	54311	USA	(920) 469-8858	
Sandy Ceranski, LLC		Muskego	WI		USA	414-881-8282	
Preventive Health Strategies	PO Box 275	North Prairie	WI	53253	USA	262-470-8984	
Aging and Disability Resource Center - Portage County		Waupaca	WI		USA	715-258-8088	
ADRC of Central Wisconsin	1000 Lake View Dr	Wausau	WI	54403	USA	(715) 261-6070	http://www.adrc-cw.com/a/healthy_living_programs/page_12c6dca2f2c2/
Alameda Health System					USA	510-535-7648	
Bakerley					USA	713-956-1888	
Body Motions By Design Worksite Wellness					USA	(209) 631-3580	starr@starmovementseminars.com
Bright Orange Thread					USA	3022502339	http://www.brightorangethread.com
BVIC					USA	831-649-3505	
Catholic Charities of Southern Minnesota					USA	(507)450-1518	www.ccsomn.org
CCCL					USA	831-757-2968	
Central Coast Senior Services, Inc.					USA	831-609-2363	
Clayton County Aging, ARC AAA					USA	770-477-3352	
Cobb County Aging, ARC AAA					USA	770-528-5396	
Companion For Life/Seniors Council					USA	(831)688-9217	
County of Monterey Area Agency on Aging					USA	510-541-2662	
Dignity Health - St. Mary Medical Center					USA	562-491-9187	
Dignity Health Sequoia Hospital					USA	650.482.6065	
Elderday/Community Bridges					USA		
Fairhill Partners					USA	2164211350	
Fairhill Partners					USA	2164211350	Fairhillpartners.org
Fairhill Partners					USA	2164211350	Fairhillpartners.org
Health Projects Center					USA	(831) 471-8016	
Healthy House Within a MATCH Coalition					USA	209-724-0102	
Humboldt County DHHS					USA	805-407-4831	
Kern County Aging and Adult Services Department					USA	661-868-1049	
Meals on Wheels and Senior Outreach Services					USA	925-937-8311	
Meals on Wheels Diablo Region					USA	925-937-8311	www.mowdr.org
Northern Arizona University					USA	602-827-2580	