

# Evidence-Based Leadership Council (EBLC)

Over many years, a number of academic and/or community partnerships have worked independently to develop, evaluate and bring to scale participant-centered, evidence-based self-management and health promotion programs offered in community settings for older Americans. Many of the programs developed by these partnerships have since become critical pieces of the infrastructure that supports older adults with chronic health conditions. And while these programs have succeeded in finding their place in this system working independently so far, the growth and maturation of the programs, combined with the changing environment of healthcare, have prompted new collaboration among the organizations that manage and disseminate these programs. Specifically, the creation of the Evidence-Based Leadership Council (EBLC).

---

The mission of the EBLC is to increase delivery of evidence-based programs that improve the health and wellbeing of diverse populations.

---

Management suite of Programs, Matter of Balance, EnhanceFitness, EnhanceWellness, Healthy IDEAS, PEARLS, Fit & Strong!, HomeMeds, and Healthy MOVES), as well as five leaders from organizations providing multiple evidence-based programs (Florida Health Networks, Tarrant County Area Agency on Aging (TX), Elder Services of the Merrimack Valley/Hebrew Senior Life (MA), Fairhill Partners (OH), and Health Trust (CA)). EBLC members are employed by community-based organizations, foundations, healthcare systems, universities and governmental entities and have been directly involved for many years in the development, evaluation and scaling of their

The Evidence-Based Leadership Council (EBLC) is currently a group of eleven individuals representing a total of 19 evidence-based programs (Chronic Disease Self-

individual programs as well as implementation through community-based organizations.

All the programs represented by EBLC program developers meet the Administration for Community Living's (ACL) criteria for highest level of evidence. In addition to the ACL,

the Centers for Disease Control and Prevention (CDC) Arthritis Program, Substance Abuse and Mental Health Services Administration's (SAMHSA) National Registry of Evidence-Based Programs and the Agency for Healthcare Research and Quality Innovations Exchange recommend these programs and find them to be the strongest of evidence-based programs.

Together, the EBLC represents more than 300 combined years of experience in developing, evaluating, scaling, implementing and sustaining evidence-based self-management programs. EBLC is drawing from the history and diverse experience of its members as it works towards it's vision of an ever increasing number of adults engaged in evidence-based programs that inform, activate and empower them to measurably improve their health and maintain independence.

---

The programs represented by the EBLC are utilized by more than 2,000 agencies in the United States with nearly 400 agencies using more than one program.

---



[www.EBLCprograms.org](http://www.EBLCprograms.org)

Email: [eblc@ebclprograms.org](mailto:eblc@ebclprograms.org)

Phone Number: 747-239-0847